

Undernourished and overlooked

A Global Nutrition Crisis in
Adolescent Girls and Women

Data Tables



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for every child

Acknowledgements

This publication was prepared by the Nutrition and Child Development Section of UNICEF's Programme Group in collaboration with the Data and Analytics Section of UNICEF's Data, Analytics, Planning and Monitoring Division.

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March 2023

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Suggested citation: United Nations Children's Fund (UNICEF). *Undernourished and Overlooked: A Global Nutrition Crisis in Adolescent Girls and Women. Data Tables*. UNICEF Child Nutrition Report Series, 2022. UNICEF, New York, 2023.

Published by:
UNICEF
Nutrition and Child Development Section
Programme Group
3 United Nations Plaza
New York, NY 10017, USA

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Website: www.unicef.org/nutrition; data.unicef.org/topic/nutrition

The data tables present the latest key statistics on children's and women's nutrition for the world's countries and regions. The 2022 edition also includes detailed data on current status and trends in adolescent girls' and women's nutrition; and in the status of policies, programmes and services to improve adolescent girls' and women's nutrition.

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Early childhood nutrition

Countries and areas	Malnutrition among children under 5 years of age										
	Modelled estimates			Survey estimates				Modelled estimates			Survey estimates
	Stunted (%) ^a (moderate and severe)			Wasted (%) ^c				Overweight (%) ^a (moderate and severe)			Free from stunting, wasting, overweight (%)
	Baseline 2012	Latest 2020*	Progress to 2030 target **	Moderate and severe (Latest) 2015–2022*	Progress to 2030 target **	Severe (Latest) 2015–2022*	Baseline 2012	Latest 2020*	Progress to 2030 target **	2014–2021*	
Afghanistan	45	35	Some progress	5	On track	2	5	4	On track	56	
Albania	18	10	On track	2	On track	1	22	15	Some progress	75	
Algeria	13	9	On track	3	On track	1	13	13	No progress	78	
Andorra	– z	– z		–		–	– z	– z		–	
Angola	32	38	Worsening	5	On track	1	3	3	Worsening	58	
Anguilla	–	–		–		–	–	–		–	
Antigua and Barbuda	– z	– z		–		–	– z	– z		–	
Argentina	8	8	No progress	2	On track	<1	12	13	No progress	79	
Armenia	14	9	On track	4	On track	2	15	11	Some progress	76	
Australia	2	2	On track	<1 wx	Assessment not Possible	<1 wx	14	19	Worsening	–	
Austria	– z	– z		–		–	– z	– z		–	
Azerbaijan	17	16	Some progress	3 x	On track	1 x	11	9	Some progress	71 x	
Bahamas	– z	– z		–		–	– z	– z		–	
Bahrain	6 e	5 e	Assessment not possible	–		–	6 e	6 e	Assessment not possible	–	
Bangladesh	38	30	Some progress	10	No progress	2	2	2	On track	64	
Barbados	8	7	Some progress	7 x	Assessment not Possible	2 x	11	11	No progress	76 x	
Belarus	4	4	On track	2 x	Assessment not Possible	1 x	9	7	Some progress	85 x	
Belgium	3	2	On track	<1 wx	On track	<1 wx	4	5	Worsening	95 w	
Belize	18	13	Some progress	2	On track	1	9	8	No progress	77	
Benin	34	31	Some progress	5	No progress	1	2	2	On track	64	
Bhutan	30	22	On track	6 x	Assessment not Possible	2 x	6	5	Some progress	59 x	
Bolivia (Plurinational State of)	20	13	On track	2	On track	1	9	9	No progress	74	
Bosnia and Herzegovina	9	9	No progress	2 x	Assessment not Possible	2 x	19	13	Some progress	75 x	
Botswana	24	23	Some progress	7 x	Assessment not Possible	3 x	11	11	No progress	60 x	
Brazil	6	6	No progress	2 x	Assessment not Possible	<1 x	7	7	No progress	85 x	
British Virgin Islands	–	–		–		–	–	–		–	
Brunei Darussalam	17	13	On track	3 x	Assessment not Possible	<1 x	8	9	No progress	–	
Bulgaria	8	6	Some progress	6 wx	Worsening	3 wx	8	6	Some progress	81 x	
Burkina Faso	34	26	Some progress	10	Some progress	1	2	3	On track	75 w	
Burundi	57	58	No progress	6	On track	1	2	3	Worsening	46	
Cabo Verde	12 e	10 e	Assessment not possible	–		–	– z	– z		–	
Cambodia	34	30	Some progress	10	No progress	2	2	2	On track	60	
Cameroon	33	27	Some progress	4	On track	2	7	10	Worsening	61	
Canada	– z	– z		–		–	11	12	No progress	–	
Central African Republic	41	40	No progress	5	On track	1	3	3	On track	57	
Chad	39	35	Some progress	10	Some progress	2	2	3	Worsening	62	
Chile	2	2	On track	<1 x	On track	–	10	10	No progress	–	
China	7	5	On track	2	On track	1 x	7	8	Worsening	82 x	
Colombia	13	11	Some progress	2	On track	<1	5	6	No progress	81	
Comoros	32	23	Some progress	11 x	Assessment not Possible	4 x	11	10	Some progress	55 x	
Congo	23	18	Some progress	8 x	No progress	3 x	5	5	No progress	68	
Cook Islands	– z	– z		–		–	– z	– z		–	
Costa Rica	7	9	Worsening	2	On track	<1	8	8	No progress	82	
Côte d'Ivoire	29	18	On track	6		1	2	3	On track	73	
Croatia	– z	– z		–		–	– z	– z		–	
Cuba	7	7	No progress	2	On track	1	9	10	No progress	82	
Cyprus	– z	– z		–		–	– z	– z		–	
Czechia	2	3	On track	5 x		1 x	6	7	No progress	89 x	

Countries and areas	Malnutrition among children under 5 years of age									
	Modelled estimates			Survey estimates			Modelled estimates			Survey estimates
	Stunted (%) ^a (moderate and severe)			Wasted (%) ^c			Overweight (%) ^a (moderate and severe)			Free from stunting, wasting, overweight (%)
	Baseline	Latest	Progress to 2030 target**	Moderate and severe (Latest)	Progress to 2030 target**	Severe (Latest)	Baseline	Latest	Progress to 2030 target**	2014–2021*
	2012	2020*		2015–2022*		2015–2022*	2012	2020*		
Democratic People's Republic of Korea	26	18	On track	3	On track	1	1	2	On track	–
Democratic Republic of the Congo	43	41	Some progress	6	Some progress	2	5	4	No progress	52
Denmark	– z	– z		–		–	– z	– z		–
Djibouti	32	34	Worsening	10 w	Some progress	3 w	7	7	No progress	71 w
Dominica	– z	– z		–		–	– z	– z		–
Dominican Republic	8	6	On track	2	On track	1	8	8	No progress	85
Ecuador	24	23	No progress	4	Worsening	1	7	10	Worsening	66
Egypt	22	22	No progress	9 x	Worsening	5 x	16	18	Worsening	61
El Salvador	16	11	On track	2 x	On track	<1 x	6	7	No progress	79
Equatorial Guinea	26	20	Some progress	3 x	Assessment not Possible	2 x	9	9	No progress	45 x
Eritrea	50	49	No progress	15 x	Assessment not Possible	4 x	2	2	On track	39 x
Estonia	1	1	On track	2 x	On track	<1 x	5	6	No progress	92
Eswatini	29	23	Some progress	2 x	On track	<1 x	11	10	No progress	66
Ethiopia	43	35	Some progress	7	Some progress	1	2	3	On track	58
Fiji	9	7	Some progress	5	Assessment not Possible	1	5	5	No progress	–
Finland	– z	– z		–		–	– z	– z		–
France	– z	– z		–		–	– z	– z		–
Gabon	17	14	Some progress	3 x	Assessment not Possible	1 x	7	7	Worsening	75 x
Gambia	22	16	Some progress	5	Some progress	1	2	2	On track	77
Georgia	9	6	On track	1	On track	<1	14	8	Some progress	88
Germany	1	2	On track	<1 w	On track	<1 w	4	4	No progress	–
Ghana	22	14	On track	7	No progress	1	2	3	On track	76
Greece	2	2	On track	1 wx		<1 wx	14	14	No progress	85 wx
Grenada	– z	– z		–		–	– z	– z		–
Guatemala	48	43	Some progress	1	On track	<1	5	5	No progress	50
Guinea	34	29	Some progress	9	No progress	4	4	6	Worsening	60
Guinea-Bissau	30	28	Some progress	8	No progress	2	3	3	Worsening	66
Guyana	14	9	On track	6 x	No progress	2 x	6	7	No progress	80
Haiti	24	20	Some progress	4	On track	1	4	4	No progress	73
Holy See	–	–		–		–	–	–		–
Honduras	23	20	Some progress	2	On track	<1	5	6	Worsening	76
Hungary	– z	– z		–		–	– z	– z		–
Iceland	– z	– z		–		–	– z	– z		–
India	42	31	On track	19	No progress	8	2	2	On track	47
Indonesia	34	32	Some progress	10	Some progress	4	8	11	Worsening	–
Iran (Islamic Republic of)	6	6	No progress	4	No progress	1	8 e	9 e	Assessment not possible	–
Iraq	19	12	On track	3	On track	1	9	9	No progress	81
Ireland	– z	– z		–		–	– z	– z		–
Israel	– z	– z		–		–	– z	– z		–
Italy	– z	– z		–		–	– z	– z		–
Jamaica	7	8	Worsening	3	No progress	1	7	7	No progress	87
Japan	7	5	On track	2 x	Assessment not Possible	<1 x	2	2	On track	–
Jordan	8	7	Some progress	1	On track	<1	6	7	Worsening	84
Kazakhstan	11	7	On track	3	On track	1	11	9	Some progress	82
Kenya	28	19	Some progress	7 w	Some progress	2 w	5	4	No progress	68
Kiribati	16	15	Some progress	4	Assessment not Possible	1	2	2	On track	80
Kuwait	5	6	Worsening	3	On track	1 x	8	7	No progress	–
Kyrgyzstan	16	11	On track	2	On track	1	8	6	Some progress	81
Lao People's Democratic Republic	41	30	On track	9	Worsening	3	2	3	Worsening	58
Latvia	– z	– z		–		–	– z	– z		–
Lebanon	13	10	Some progress	1	On track	<1	20	20	No progress	–
Lesotho	38	32	Some progress	2	On track	1	7	7	No progress	60

Countries and areas	Malnutrition among children under 5 years of age									
	Modelled estimates			Survey estimates			Modelled estimates			Survey estimates
	Stunted (%) ^a (moderate and severe)			Wasted (%) ^c			Overweight (%) ^a (moderate and severe)			Free from stunting, wasting, overweight (%)
	Baseline	Latest	Progress to 2030 target**	Moderate and severe (Latest)	Progress to 2030 target**	Severe (Latest)	Baseline	Latest	Progress to 2030 target**	2014–2021*
	2012	2020*		2015–2022*		2015–2022*	2012	2020*		
Liberia	36	28	Some progress	3	On track	1	3	5	Worsening	65
Libya	29	44	Worsening	10 x	Worsening	5 x	26	25	No progress	–
Liechtenstein	–	–		–		–	–	–		–
Lithuania	– z	– z		–		–	– z	– z		–
Luxembourg	– z	– z		–		–	– z	– z		–
Madagascar	48	40	Some progress	7	No progress	1	2	1	On track	54
Malawi	44	37	Some progress	2 w	On track	<1 w	6	5	Some progress	63 w
Malaysia	18	21	Worsening	10	Some progress	4	6	6	No progress	–
Maldives	17	14	On track	9	No progress	2	6	5	Some progress	73
Mali	31	26	Some progress	9	Some progress	2	2	2	On track	71
Malta	– z	– z		–		–	– z	– z		–
Marshall Islands	36	32	Some progress	4	Assessment not Possible	1	4	4	No progress	60
Mauritania	27	24	Some progress	10	No progress	2	2	3	On track	74
Mauritius	9 e	9 e	Assessment not possible	–		–	7 e	8 e	Assessment not possible	–
Mexico	13	12	Some progress	2	On track	<1	7	6	No progress	77
Micronesia (Federated States of)	– z	– z		–		–	– z	– z		–
Monaco	– z	– z		–		–	– z	– z		–
Mongolia	13	7	On track	1	On track	<1	10	10	No progress	81
Montenegro	8	8	No progress	2	On track	1	15	10	Some progress	84
Montserrat	–	–		–		–	–	–		–
Morocco	16	13	Some progress	3	On track	1	12	11	No progress	75
Mozambique	43	38	Some progress	4	No progress	1	6	6	No progress	58
Myanmar	32	25	Some progress	7 w	Some progress	1 w	2	2	On track	65
Namibia	24	18	Some progress	7 x	No progress	3 x	4	5	Worsening	69 x
Nauru	20	15	On track	1 x	Assessment not Possible	<1 x	3	4	Worsening	–
Nepal	40	30	On track	12	No progress	3	1	2	On track	59
Netherlands	1	2	On track	1 x	Assessment not Possible	<1 x	4	5	Worsening	94 x
New Zealand	– z	– z		–		–	– z	– z		–
Nicaragua	17	14	Some progress	2 x	Assessment not Possible	1 x	7	7	No progress	74 x
Niger	48	47	No progress	11	No progress	2	1	2	On track	50
Nigeria	38	35	Some progress	6	Some progress	1	3	3	On track	64
Niue	– z	– z		–		–	– z	– z		–
North Macedonia	6	4	On track	3	On track	1	13	10	Some progress	82
Norway	– z	– z		–		–	– z	– z		–
Oman	11	12	Worsening	9	Worsening	3	3	5	Worsening	–
Pakistan	43	37	Some progress	7	On track	2	5	3	On track	57
Palau	– z	– z		–		–	– z	– z		–
Panama	20	15	Some progress	1	On track	<1	10	11	No progress	73
Papua New Guinea	47	48	No progress	14 x	Assessment not Possible	6 x	8	9	No progress	34 x
Paraguay	10	5	On track	1	On track	<1	10	12	Worsening	82
Peru	19	11	On track	<1	On track	<1	9	8	No progress	78
Philippines	32	29	Some progress	6	No progress	1	3	4	Worsening	60
Poland	2	2	On track	1 x	Assessment not Possible	<1 x	6	7	Worsening	93 wx
Portugal	4	3	On track	1 w	On track	<1 w	8	9	No progress	89 w
Qatar	6 e	5 e	Assessment not possible	–		–	13 e	14 e	Assessment not possible	–
Republic of Korea	2	2	On track	<1	On track	<1	8	9	Worsening	–
Republic of Moldova	7	5	On track	2 x	Assessment not Possible	<1 x	6	4	On track	88 x
Romania	11	10	Some progress	3 x		1 x	9	7	Some progress	–
Russian Federation	– z	– z		–		–	– z	– z		–
Rwanda	41	33	Some progress	1	On track	<1	6	5	No progress	62
Saint Kitts and Nevis	– z	– z		–		–	– z	– z		–

Countries and areas	Malnutrition among children under 5 years of age									
	Modelled estimates			Survey estimates			Modelled estimates			Survey estimates
	Stunted (%) ^a (moderate and severe)			Wasted (%) ^c			Overweight (%) ^a (moderate and severe)			Free from stunting, wasting, overweight (%)
	Baseline	Latest	Progress to 2030 target**	Moderate and severe (Latest)	Progress to 2030 target**	Severe (Latest)	Baseline	Latest	Progress to 2030 target**	2014–2021*
	2012	2020*		2015–2022*		2015–2022*	2012	2020*		
Saint Lucia	3	3	On track	4 x	Assessment not Possible	1 x	6	7	No progress	88 x
Saint Vincent and the Grenadines	– z	– z		–		–	– z	– z		–
Samoa	6	7	Worsening	3	On track	1	7	7	No progress	82
San Marino	– z	– z		–		–	– z	– z		–
Sao Tome and Principe	18	12	On track	4	No progress	1	3	4	Worsening	81
Saudi Arabia	5	4	On track	12 x		5 x	6	8	Worsening	–
Senegal	20	17	Some progress	8	No progress	1	1	2	On track	75
Serbia	6	5	Some progress	3	On track	1	15	11	Some progress	83
Seychelles	8	7	Some progress	4 x	Assessment not Possible	1 x	10	10	No progress	–
Sierra Leone	35	27	Some progress	6	Some progress	2	3	5	Worsening	68
Singapore	3	3	On track	4 x		<1 x	4	5	Worsening	–
Slovakia	– z	– z		–		–	– z	– z		–
Slovenia	– z	– z		–		–	– z	– z		–
Solomon Islands	32	29	Some progress	8	Worsening	4	3	4	Worsening	60
Somalia	31	27	Some progress	14 x	Assessment not Possible	4 x	3	3	On track	63 x
South Africa	24	23	No progress	3 w	On track	2 w	13	13	No progress	67 w
South Sudan	32	31	Some progress	23 x	Assessment not Possible	10 x	6	6	No progress	49 x
Spain	– z	– z		–		–	– z	– z		–
Sri Lanka	17	16	Some progress	15	No progress	3	1	1	On track	69
State of Palestine	10	8	Some progress	1	On track	1	8	9	No progress	83
Sudan	36	34	Some progress	16 x	No progress	4 x	2	3	On track	51
Suriname	9	8	Some progress	6	No progress	1	4	4	No progress	83
Sweden	– z	– z		–		–	– z	– z		–
Switzerland	– z	– z		–		–	– z	– z		–
Syrian Arab Republic	28	30	Worsening	12 x	Assessment not Possible	5 x	19	18	No progress	55 x
Tajikistan	27	15	On track	6	Some progress	2	6	3	On track	76
Thailand	14	12	Some progress	8	Worsening	3	9	9	No progress	73
Timor-Leste	53	49	Some progress	8	Some progress	1	3	3	On track	48
Togo	27	24	Some progress	6	No progress	1	2	2	On track	71
Tokelau	– z	– z		–		–	– z	– z		–
Tonga	7	3	On track	1	On track	<1	13	13	No progress	86
Trinidad and Tobago	9	9	No progress	6 x	Assessment not Possible	2 x	10	11	Worsening	77 x
Tunisia	9	9	Some progress	2	On track	1	11	17	Worsening	76
Türkiye	– z	– z		2		1	– z	– z		85
Turkmenistan	13	8	On track	4	On track	1	5	4	On track	86
Turks and Caicos Islands	–	–		1	On track	<1	–	–		80
Tuvalu	10	10	No progress	3	On track	1	6	6	No progress	89
Uganda	34	28	Some progress	4	On track	1	4	4	No progress	69
Ukraine	19	16	Some progress	8 x		4 x	26	17	Some progress	55 x
United Arab Emirates	– z	– z		–		–	– z	– z		–
United Kingdom	– z	– z		–		–	– z	– z		–
United Republic of Tanzania	38	32	Some progress	2 w	On track	1 w	5	5	Worsening	60
United States	3	3	On track	<1	On track	<1	9	9	No progress	–
Uruguay	9	6	On track	1	On track	<1	10	10	No progress	81
Uzbekistan	14	10	On track	2	On track	<1	9	5	On track	84
Vanuatu	27	29	Worsening	5 x	On track	1 x	5	5	No progress	64 x
Venezuela (Bolivarian Republic of)	13	11	Some progress	4 x	Assessment not Possible	–	6	7	No progress	–
Viet Nam	26	22	Some progress	5	On track	1	4	6	Worsening	70 x
Yemen	47	37	Some progress	16 x	No progress	5 x	3	3	On track	43 x
Zambia	41	32	Some progress	4	Some progress	2	6	6	No progress	59
Zimbabwe	31	23	On track	3	On track	<1	5	4	On track	73

Countries and areas	Malnutrition among children under 5 years of age									
	Modelled estimates			Survey estimates			Modelled estimates			Survey estimates
	Stunted (%) ^a (moderate and severe)			Wasted (%) ^c			Overweight (%) ^a (moderate and severe)			Free from stunting, wasting, overweight (%)
	Baseline	Latest	Progress to 2030 target**	Moderate and severe (Latest)	Progress to 2030 target**	Severe (Latest)	Baseline	Latest	Progress to 2030 target**	2014–2021*
2012	2020*		2015–2022*		2015–2022*	2012	2020*		2014–2021*	
SUMMARY										
East Asia and Pacific	16	14		4		1	7	8		78
Europe and Central Asia	7	6		–		–	10	8		–
Eastern Europe and Central Asia	11	8		2 q		1 q	12 q	9		83
Western Europe	3	3		–		–	7	7		–
Latin America and Caribbean	13	11		1		<1	7	7		76
Middle East and North Africa	18	16		6		3	11	12		71
North America	3	3		<1 d		<1 d	9	9		–
South Asia	41	32		15		5	3	2		50
sub-Saharan Africa	37	32		6		1	4	4		62
Eastern and Southern Africa	37	32		5		1	5	5		60
West and Central Africa	36	32		7		2	3	3		63
World	26	22		7		2	6	6		63

DEFINITIONS OF INDICATORS

Stunting: Moderate and severe: Percentage of children aged 0–59 months who are below minus two standard deviations from median height-for-age of the WHO Child Growth Standards.

Wasting: Moderate and severe: Percentage of children aged 0–59 months who are below minus two standard deviations from median weight-for-height of the WHO Child Growth Standards.

Wasting: Severe: Percentage of children aged 0–59 months who are below minus three standard deviations from median weight-for-height of the WHO Child Growth Standards.

Overweight: Moderate and severe: Percentage of children aged 0–59 months who are above two standard deviations from median weight-for-height of the WHO Child Growth Standards (includes severe overweight).

Free from stunting, wasting, overweight: Percentage of children under 5 years of age who are neither overweight, nor stunted, nor wasted

MAIN DATA SOURCES

Stunting, overweight – Modelled estimates from UNICEF, WHO and the World Bank. Last update: May 2021

Wasting and severe wasting – DHS, MICS and other national household surveys. Last update: December 2022

Free from stunting, wasting, overweight – DHS, MICS and other national household surveys. Last update: May 2022

LEGEND FOR FOOTNOTES IN THE TABLE

– Data not available.

c Global and regional averages for wasting (moderate and severe) and wasting (severe) are estimated using statistical modelling data from the UNICEF/WHO/World Bank Group Joint Child Malnutrition Estimates, May 2021 Edition. For more information see <data.unicef.org/malnutrition>.

d For wasting and severe wasting estimates, the Northern America regional average is based only on United States data.

e The most recent country data point (e.g., from household surveys) used to generate the modelled stunting and overweight estimates is from before the year 2000; interpret with caution.

g The collection of household survey data on child height and weight was limited in 2020 due to the physical distancing measures required to prevent the spread of COVID-19. Only four national surveys included in the database were carried out (at least partially) in 2020. The Joint Child Malnutrition Estimates are therefore based almost entirely on data collected before

2020 and do not take into account the impact of the COVID-19 pandemic.

q Regional estimates for Eastern Europe and Central Asia exclude the Russian Federation.

w Reduced age range.

x Data refer to years or periods other than those specified in the column heading. Such data are not included in the calculation of regional and global averages with the exception of China. Estimates from data years prior to 2000 are not displayed.

z Country modelled estimates not presented but have been used for regional and global aggregates. For more details please consult <https://data.unicef.org/topic/nutrition/child-nutrition/>.

***** Data refer to the most recent year available during the period specified in the column heading.

****** Progress to 2030 targets are shown for all six World Health Assembly Global Nutrition Targets for stunting, wasting, overweight, low birthweight, exclusive breastfeeding and

anaemia. Progress was assessed using the 2030 targets proposed as an extension of the 2025 global nutrition targets. For further information, see: World Health Organization and United Nations Children's Fund. 'WHO/UNICEF discussion paper: The extension of the 2025 maternal, infant and young child nutrition targets to 2030', WHO and UNICEF, Geneva and New York, 2017, <https://www.who.int/nutrition/global-target-2025/discussion-paper-extension-targets-2030.pdf>.
The baseline values for stunting, overweight, low birthweight and anaemia are from modelled estimates from the year 2012. For exclusive breastfeeding, the most recent country data point between 2005 and 2012 is displayed.
The latest estimates for stunting, overweight, low birthweight and anaemia refer to the most recent modelled estimates available. For exclusive breastfeeding, the most recent country data point between 2013 and 2021 is displayed.

Countries and areas	Infant and young child feeding among children under 2 years of age (%)													Micronutrient supplementation	
	Early initiation of breast-feeding	Exclusively breastfed for the first 2 days after birth ^y	Exclusively breastfed (0–5 months)			Mixed milk feeding (0–5 months)	Introduction of solid, semi-solid or soft foods (6–8 months)	Continued breastfeeding (12–23 months)	Minimum meal frequency (6–23 months)	Minimum dietary diversity (6–23 months)	Minimum acceptable diet (6–23 months)	Egg and/or flesh foods consumption (6–23 months)	Zero vegetable or fruit consumption (6–23 months)	Vitamin A supplementation, full coverage ^a (6–59 months) (%) ^g	Number of children aged 6–59 months who received multiple micronutrient powders
			Baseline	Latest	Progress to 2030 targets ^{**}										
	2015–2021*	2005–2012*	2015–2021*	2015–2021*											2021
Afghanistan	63	54	–	58	On track	34	61	74	49	22	15	30	59	58 f	–
Albania	57	72	37	37	Some progress	23	89	43	45	52	27	68	26	–	–
Algeria	33	40	25	29	Some progress	21	88	37	46	39	19	53	26	–	–
Andorra	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Angola	48	85	–	37	Assessment not Possible	8	79	67	31	29	12	61	36	– f, aa	–
Anguilla	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Antigua and Barbuda	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Argentina	57	–	32	–	Assessment not Possible	36 x	97 x	39 x	64 x	–	–	–	–	–	–
Armenia	41	83	34	44	Some progress	8	90	29	62	36	22	52	22	–	–
Australia	–	–	–	–	–	–	–	20	–	–	–	–	–	–	–
Austria	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Azerbaijan	20 x	52 x	11	12 x	No progress	23 x	77 x	26 x	–	35 x	–	66 x	38 x	–	–
Bahamas	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Bahrain	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Bangladesh	47	74	64	63	On track	18	75	90	65	34	27	60	45	96 f	–
Barbados	40 x	48 x	20	–	Assessment not Possible	61 x	90 x	41 x	58 x	–	–	–	–	–	–
Belarus	24	41	19	22	Some progress	14	96	17	93	70	57	93	3	–	–
Belgium	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Belize	68	79	15	33	Some progress	38	79	47	64 x	58	–	73	30	–	–
Benin	54	79	32	41	No progress	5	56	69	44	26	15	52	54	80 f	–
Bhutan	77	91 x	49	53	Some progress	7	93	77	63 x	16	–	25	61	–	–
Bolivia (Plurinational State of)	63	67	64	56	No progress	30	83	61	–	70	–	86	16	– f	–
Bosnia and Herzegovina	42 x	74 x	18	–	Assessment not Possible	23 x	76 x	12 x	71 x	–	–	–	–	–	–
Botswana	53	–	20	30	Some progress	15	73	15	–	–	–	–	–	64 f	–
Brazil	62	–	39	46	Some progress	20	86	44	–	57	–	71	21	–	–
British Virgin Islands	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Brunei Darussalam	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Bulgaria	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Burkina Faso	59	63 x	38	58	On track	2	61	92	65	36	27	29	26	99 f	155,860
Burundi	87	93	69	72	On track	2	83	87	39	18	10	25	9	81 f	773,117
Cabo Verde	71	–	60	42	Worsening	–	98	42	–	–	–	–	–	–	–
Cambodia	54	70 x	73	51	Worsening	9 x	82 x	58 x	72 x	51	30 x	82 x	35 x	61 f	–
Cameroon	48	62	20	39	Some progress	9	76	43	44	20	10	55	32	85 f	–
Canada	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Central African Republic	49	87	33	36	Some progress	4	77	73	26	27 x	9 x	38 x	22 x	– f	–
Chad	16	14	3	16	Some progress	16	71	73	34	23	11	46	48	0 f	3,886
Chile	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
China	29 x	–	28	34	Some progress	–	83 x	–	63 x	37 x	25 x	70 x	29 x	–	1,730,000
Colombia	69	61 x	43	37	Worsening	33	90	42	60	69	42	81	15	–	–
Comoros	34 x	54 x	11	–	Assessment not Possible	30 x	80 x	65 x	28 x	22 x	5 x	60 x	52 x	– f	–
Congo	25 x	67 x	20	33 x	Some progress	19 x	84 x	32 x	29 x	14 x	4 x	48 x	51 x	– f	–
Cook Islands	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–

Countries and areas	Infant and young child feeding among children under 2 years of age (%)													Micronutrient supplementation	
	Early initiation of breast-feeding	Exclusively breastfed for the first 2 days after birth ^y	Exclusively breastfed (0–5 months)			Mixed milk feeding (0–5 months)	Introduction of solid, semi-solid or soft foods (6–8 months)	Continued breastfeeding (12–23 months)	Minimum meal frequency (6–23 months)	Minimum dietary diversity (6–23 months)	Minimum acceptable diet (6–23 months)	Egg and/or flesh foods consumption (6–23 months)	Zero vegetable or fruit consumption (6–23 months)	Vitamin A supplementation, full coverage ^a (6–59 months) (%) ^g	Number of children aged 6–59 months who received multiple micronutrient powders
			Baseline	Latest	Progress to 2030 targets ^{**}										
	2015–2021*	2005–2012*	2015–2021*	2015–2021*											2021
Costa Rica	53	65	33	25	Worsening	31	99	46	76 x	76	–	81	10	–	–
Côte d'Ivoire	43	53	12	34		8	65	63	48	28	14	62	44	85 f	–
Croatia	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Cuba	64	92	49	41	Some progress	24	94	25	76 x	58	54 x	83	22	–	–
Cyprus	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Czechia	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Democratic People's Republic of Korea	43	–	69	71	On track	–	78	–	–	47	–	–	–	0 f	–
Democratic Republic of the Congo	47	89	36	54	Some progress	6	82	70	34	15	8	47	28	56 f	–
Denmark	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Djibouti	52 x	–	12	–	Assessment not Possible	–	–	–	–	–	–	–	–	– f	–
Dominica	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Dominican Republic	42	40	8	16	No progress	49	90	22	77 x	66	42 x	69	19	–	–
Ecuador	72	–	–	–		–	63	53	48	53	29	72	27	–	261,434
Egypt	27 x	37 x	53	40 x	Worsening	16 x	75 x	50 x	56 x	35 x	23 x	53 x	45 x	–	–
El Salvador	42 x	71 x	31	47 x	On track	30 x	90 x	67 x	87 x	73 x	64 x	68 x	16 x	–	–
Equatorial Guinea	–	–	7	–	Assessment not Possible	25 x	–	31 x	–	–	–	–	–	8 f	–
Eritrea	93 xy	–	69	–	Assessment not Possible	–	44 x	86 x	–	–	–	–	–	78 f	–
Estonia	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Eswatini	48 x	79 x	44	64 x	On track	9 x	90 x	28 x	81 x	48 x	37 x	69 x	21 x	33 f	–
Ethiopia	72	84	52	59	Some progress	10	69	81	55	13	11	24	69	73 f	–
Fiji	63	88	–	43	Assessment not Possible	25	95	46	69	59	41	73	12	–	–
Finland	–	–	–	–		–	–	–	–	–	–	–	–	–	–
France	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Gabon	32 x	51 x	5	–	Assessment not Possible	57 x	82 x	23 x	–	18 x	–	57 x	52 x	0 f	–
Gambia	35	78	33	54	Some progress	8	76	74	51	23	15	52	57	27 f	476
Georgia	33	52	55	20	No progress	24	90	25	65	53	28	61	9	–	–
Germany	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Ghana	52	83	46	43	Worsening	18	79	66	41	26	13	52	43	35 f	133,744
Greece	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Grenada	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Guatemala	63	62	50	53	Some progress	19	80	72	82	59	52	67	27	–	970,435
Guinea	43	59	20	33	Some progress	9	52	78	22	14	4	32	63	96 f	26,230
Guinea-Bissau	46	85	38	59	On track	3	64	75	35	8	3	35	69	0 f	–
Guyana	49 x	72 x	31	21 x	No progress	48 x	81 x	46 x	61 x	52 x	36 x	65 x	17 x	–	–
Haiti	47	78	39	40	No progress	22	91	52	39	19	11	36	55	20 f	–
Holy See	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Honduras	51	62	31	30	No progress	40	92	51	85 x	57	55 x	73	37	–	24,746
Hungary	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Iceland	–	–	–	–		–	–	–	–	–	–	–	–	–	–
India	41	81	46	64	On track	14	49	80	35	24	11	22	52	– f, aa	–
Indonesia	58	52	41	51	Some progress	20	86	67	71	54	40	71	18	–	–
Iran (Islamic Republic of)	81	–	53	47	Worsening	–	76 x	–	–	–	–	–	–	–	–
Iraq	32	43	19	26	No progress	26	85	35	74	45	34	65	25	–	46,000
Ireland	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Israel	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Italy	–	–	–	–		–	–	–	–	–	–	–	–	–	–

Countries and areas	Infant and young child feeding among children under 2 years of age (%)													Micronutrient supplementation	
	Early initiation of breast-feeding	Exclusively breastfed for the first 2 days after birth ^y	Exclusively breastfed (0–5 months)			Mixed milk feeding (0–5 months)	Introduction of solid, semi-solid or soft foods (6–8 months)	Continued breastfeeding (12–23 months)	Minimum meal frequency (6–23 months)	Minimum dietary diversity (6–23 months)	Minimum acceptable diet (6–23 months)	Egg and/or flesh foods consumption (6–23 months)	Zero vegetable or fruit consumption (6–23 months)	Vitamin A supplementation, full coverage ^a (6–59 months) (%) ^g	Number of children aged 6–59 months who received multiple micronutrient powders
			Baseline	Latest	Progress to 2030 targets ^{**}										
	2015–2021*	2005–2012*	2015–2021*	2015–2021*											2021
Jamaica	65 x	73 x	24	–	Assessment not Possible	45 x	64 x	38 x	37 x	–	–	–	–	–	–
Japan	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Jordan	47	53	23	18	No progress	35	83	34	58	38	25	62	44	–	–
Kazakhstan	83	83	32	38	Some progress	15	66	41	73	49	37	71	21	–	–
Kenya	62 x	83 x	32	61 x	On track	16 x	80 x	75 x	50 x	36 x	22 x	33 x	29 x	86 f	–
Kiribati	46	68	66	64	Worsening	10	90	61	74	9	8	58	51	– f	–
Kuwait	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Kyrgyzstan	81	87	56	46	Some progress	14	91	47	75	60	43	77	14	–	–
Lao People's Democratic Republic	50	73	40	44	Some progress	9	87	43	69	36	26	79	36	– f	–
Latvia	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Lebanon	41 xy	–	–	–	–	–	–	14 x	–	–	–	–	–	–	33,832
Lesotho	56	83	53	59	Some progress	10	91	34	68	17	10	39	35	– f	18,234
Liberia	66	88	28	55	On track	8	45	68	22	9	3	50	56	– f	89,386
Libya	29 x	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Liechtenstein	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Lithuania	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Luxembourg	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Madagascar	60	69	42	54	Some progress	4	90	79	65	26	20	44	29	24 f	–
Malawi	60	97	71	64	On track	3	88	83	37	17	9	36	26	77 f	321,340
Malaysia	–	–	–	40	Assessment not Possible	–	–	–	–	–	–	–	–	–	–
Maldives	66	84	45	63	On track	16	97	73	68	71	50	72	15	–	–
Mali	60	73	20	48	Some progress	5	61	73	29	26	8	54	44	85 f	10,691
Malta	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Marshall Islands	61	–	27	43	Some progress	27	64	36	50	34	15	65	46	–	–
Mauritania	56	68	27	41	Some progress	27	55	67	23	20	8	34	55	– f	112,049
Mauritius	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Mexico	39	62	14	36	Some progress	23	93	48	57	59	48	68	18	–	–
Micronesia (Federated States of)	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Monaco	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Mongolia	70	74	66	58	No progress	24	88	64	66	45	28	88	45	–	106,844
Montenegro	24	45	19	20	No progress	17	87	25	76	66	48	78	11	–	–
Montserrat	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Morocco	43	32 x	28	35	Some progress	35 x	84 x	35 x	–	–	–	–	–	–	–
Mozambique	69 x	92 x	40	41 x	Some progress	6 x	95 x	75 x	41 x	28 x	13 x	45 x	36 x	83 f	533,610
Myanmar	67	78	24	51	On track	8	75	78	57	21	16	59	56	– f, aa	147,419
Namibia	71 x	85 x	22	48 x	On track	13 x	80 x	47 x	38 x	25 x	12 x	64 x	52 x	59 f	–
Nauru	76 xy	–	67	–	Assessment not Possible	–	–	67 x	–	–	–	–	–	–	–
Nepal	42	81	70	62	On track	10	86	91	69	40	30	40	38	90 f	240,771
Netherlands	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
New Zealand	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Nicaragua	54 xy	76 x	32	–	Assessment not Possible	39 x	89 x	52 x	–	–	–	–	–	–	184,678
Niger	57	50 x	23	26	Some progress	5	88	72	71	17	15	17	43	93 f	156,079
Nigeria	42	50	15	29	Some progress	8	74	61	41	23	10	41	53	57 f	632,990
Niue	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–

Countries and areas	Infant and young child feeding among children under 2 years of age (%)													Micronutrient supplementation	
	Early initiation of breast-feeding	Exclusively breastfed for the first 2 days after birth ^y	Exclusively breastfed (0–5 months)			Mixed milk feeding (0–5 months)	Introduction of solid, semi-solid or soft foods (6–8 months)	Continued breastfeeding (12–23 months)	Minimum meal frequency (6–23 months)	Minimum dietary diversity (6–23 months)	Minimum acceptable diet (6–23 months)	Egg and/or flesh foods consumption (6–23 months)	Zero vegetable or fruit consumption (6–23 months)	Vitamin A supplementation, full coverage ^a (6–59 months) (%) ^g	Number of children aged 6–59 months who received multiple micronutrient powders
			Baseline	Latest	Progress to 2030 targets ^{**}									2021	2021
			2015–2021*	2005–2012*	2015–2021*									2015–2021*	2021
North Macedonia	10	29	23	28	Some progress	23	96	30	80	54	43	63	13	–	–
Norway	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Oman	82	–	–	23	Worsening	–	95	–	–	–	–	–	–	–	–
Pakistan	20	23	37	48	Some progress	14	65	63	61	15	13	38	61	92 f	1,368,116
Palau	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Panama	55 y	66 x	–	21 x	Assessment not Possible	41 x	83	41 x	60 x	–	–	–	–	–	–
Papua New Guinea	55	79	56	60	No progress	5	79	79	44	32	18	41	13	– f	7,919
Paraguay	50	68	24	30	Some progress	29	87	33	71	52	38	74	16	–	–
Peru	49	53	67	64	No progress	21	94	72	–	84	–	90	6	–	–
Philippines	57	71	33	55	On track	23 x	89 x	60	–	54 x	–	75 x	22 x	– f	248,353
Poland	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Portugal	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Qatar	34 x	57 x	29	–	Assessment not Possible	46 x	74 x	47 x	40 x	–	–	–	–	–	–
Republic of Korea	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Republic of Moldova	61 x	72 x	36	–	Assessment not Possible	13 x	75 x	27 x	46 x	70 x	–	76 x	10 x	–	–
Romania	58 x	–	–	–		–	–	–	–	–	–	–	–	–	–
Russian Federation	25 x	–	–	–		–	–	–	–	–	–	–	–	–	–
Rwanda	85	95	84	81	On track	5	81	90	45	34	21	24	16	– f, aa	775,057
Saint Kitts and Nevis	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Saint Lucia	50 x	68 x	3	–	Assessment not Possible	65 x	– px	29 x	43 x	–	–	–	–	–	–
Saint Vincent and the Grenadines	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Samoa	53	84	51	52	No progress	10	83	50	46	20	12	53	25	–	–
San Marino	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Sao Tome and Principe	36	86	50	63	Some progress	5	80	46	58 x	32	22 x	67	32	– f	–
Saudi Arabia	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Senegal	32	43	39	41	Some progress	8	64	72	37	19	9	46	52	57 f	–
Serbia	8	35	13	24	No progress	8	96	16	95	86	74	91	2	–	–
Seychelles	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Sierra Leone	88	87	31	51	On track	13	99	54	32	24	9	44	54	66 f	–
Singapore	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Slovakia	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Slovenia	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Solomon Islands	79	–	74	76	On track	–	–	71	–	–	–	–	–	–	–
Somalia	60	–	5	34	Some progress	66 x	41	45	–	13	–	22	65	– f	111,197
South Africa	67	71	–	32	Assessment not Possible	17	83	34	43	40	19	61	37	42 f	–
South Sudan	50 x	–	45	–	Assessment not Possible	16 x	42 x	62 x	10 x	–	–	–	–	90 f	–
Spain	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Sri Lanka	90	–	76	81	On track	8	94	90	–	78	–	77	11	–	–
State of Palestine	41	59	29	39	Some progress	30	90	29	71	45	31	65	28	–	–
Sudan	69 x	67 x	41	55 x	On track	11 x	61 x	73 x	41 x	24 x	14 x	39 x	67 x	0 f	440,724
Suriname	52	50	3	9	No progress	40	81	23	52	28	16	45	29	–	–
Sweden	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Switzerland	–	–	–	–		–	–	–	–	–	–	–	–	–	–
Syrian Arab Republic	36	–	43	29	No progress	23 x	75	45 x	–	–	–	–	–	–	–
Tajikistan	62	83 x	33	36	Some progress	17	63	57	36	23	8	38	58	95 f	–

Countries and areas	Infant and young child feeding among children under 2 years of age (%)													Micronutrient supplementation	
	Early initiation of breast-feeding	Exclusively breastfed for the first 2 days after birth ^y	Exclusively breastfed (0–5 months)			Mixed milk feeding (0–5 months)	Introduction of solid, semi-solid or soft foods (6–8 months)	Continued breastfeeding (12–23 months)	Minimum meal frequency (6–23 months)	Minimum dietary diversity (6–23 months)	Minimum acceptable diet (6–23 months)	Egg and/or flesh foods consumption (6–23 months)	Zero vegetable or fruit consumption (6–23 months)	Vitamin A supplementation, full coverage ^a (6–59 months) (%) ^g	Number of children aged 6–59 months who received multiple micronutrient powders
			Baseline	Latest	Progress to 2030 targets ^{**}									2021	2021
	2015–2021*		2005–2012*	2015–2021*	2015–2021*										2021
Thailand	34	74	12	14	Some progress	23	92	19	86	69	61	90	14	–	–
Timor-Leste	47	78	51	65	Some progress	12	73	49	56	40	25	50	34	– f	–
Togo	48	85	62	64	On track	4	76	80	61	19	13	61	48	96 f	–
Tokelau	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Tonga	38	75	52	40	Worsening	28	91	35	49	53	27	76	10	–	–
Trinidad and Tobago	46 x	59 x	21	–	Assessment not Possible	54 x	56 x	34 x	61 x	–	–	–	–	–	–
Tunisia	32	55	8	14	No progress	40	97	30	85	63	54	77	20	–	–
Türkiye	71	60 x	42	41	No progress	–	85	53	–	–	–	–	–	–	–
Turkmenistan	68	96	11	56	On track	9	91	45	97	69	64	67	12	0 f	–
Turks and Caicos Islands	49	77	–	– p	–	– p	– p	16	68	56	29	68	35	–	–
Tuvalu	39	67	35	44	Some progress	27	97	29	–	29	18	80	44	–	–
Uganda	72	69	62	65	On track	11	89	60	51	14	10	30	54	38 f	–
Ukraine	66 x	81 x	20	–	Assessment not Possible	25 x	75 x	31 x	55 x	–	–	–	–	–	–
United Arab Emirates	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
United Kingdom	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
United Republic of Tanzania	54	85	49	58	On track	7	87	72	39	21	9	36	29	96 f	–
United States	–	–	26	26	–	–	12	–	–	–	–	–	–	–	–
Uruguay	61	78 x	–	58	Assessment not Possible	25	92	45	–	70	–	74	6	–	–
Uzbekistan	86	–	24	49	Some progress	7	57	63	24	23	6	44	42	–	506,916
Vanuatu	85 xy	–	39	73 x	On track	36 x	72 x	58 x	–	–	–	–	–	–	–
Venezuela (Bolivarian Republic of)	–	–	–	–	–	–	–	–	–	–	–	–	–	–	426,601
Viet Nam	23	37	17	45	Some progress	28	86	44	77	56	46	83	17	–	–
Yemen	53 x	30 x	–	10 x	Assessment not Possible	42 x	69 x	63 x	57 x	21 x	15 x	35 x	66 x	6 f	2,684,492
Zambia	75	91	60	70	On track	3	94	63	41	23	12	54	29	95 f	–
Zimbabwe	59	87	31	42	Some progress	4	90	50	68	17	11	40	28	16 f	16,841
SUMMARY															
East Asia and Pacific	41 v	59 q	31	42	–	19 q	84 v	59 q	66 v	42 v	30 v	71 v	27 v	–	2,240,535
Europe and Central Asia	–	–	–	–	–	–	–	–	–	–	–	–	–	–	506,916
Eastern Europe and Central Asia	72	–	31	42	–	–	75	51	–	–	–	–	–	–	506,916
Western Europe	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Latin America and Caribbean	55	62 q	34	43	–	24	88	48	59 q	60	43 q	72	20	–	1,867,894
Middle East and North Africa	47	–	39	32	–	–	–	–	–	–	–	–	–	–	3,205,048
North America	–	–	26	26	–	–	–	12	–	–	–	–	–	–	–
South Asia	39	69	47	61	–	15	56	78	43	24	13	29	53	71	1,608,887
sub-Saharan Africa	54	71	35	45	–	8	76	67	44	21	11	41	44	61	4,208,674
Eastern and Southern Africa	65	82	48	55	–	8	79	68	47	21	12	37	45	59	2,549,396
West and Central Africa	46	63	24	38	–	8	74	66	41	21	11	44	44	63	1,659,278
World	47 v	67	37	48	–	14	72 v	65	50 v	31 v	18 v	47 v	41 v	64	13,637,954

DEFINITIONS OF THE INDICATORS

Early initiation of breastfeeding:

Percentage of children born in the last 24 months who were put to the breast within one hour of birth.

Exclusively breastfed for the first two days after birth:

Percentage of children born in the last 24 months who were fed exclusively with breast milk for the first two days after birth. Note that estimates currently available and presented here cover the first three days after birth rather than the first two days.

Exclusive breastfeeding (0–5 months):

Percentage of infants 0–5 months of age who were fed exclusively with breast milk during the previous day.

Mixed milk feeding (0–5 months):

Percentage of infants 0–5 months of age who were fed formula and/or animal milk in addition to breast milk during the previous day.

Continued breastfeeding (12–23 months):

Percentage of children 12–23 months of age who were fed breast milk during the previous day.

Introduction of solid, semi-solid or soft foods (6–8 months):

Percentage of infants 6–8 months of age who consumed solid, semisolid or soft foods during the previous day.

Minimum dietary diversity (6–23 months):

Percentage of children 6–23 months of age who consumed foods and beverages from at least five out of eight defined food groups during the previous day.

Minimum meal frequency (6–23 months):

Percentage of children 6–23 months of age who consumed solid, semi-solid or soft foods (but also including milk feeds for non-breastfed children) at least the minimum number of times during the previous day.

Minimum acceptable diet (6–23 months):

Percentage of children 6–23 months of age who consumed a minimum acceptable diet during the previous day.

Egg and /or flesh food consumption (6–23 months):

Percentage of children 6–23 months of age who consumed egg and/or flesh food during the previous day.

Zero vegetable or fruit consumption (6–23 months):

Percentage of children 6–23 months of age who did not consume any vegetables or fruits during the previous day.

Vitamin A supplementation, full coverage:

The estimated percentage of children aged 6–59 months reached with two doses of vitamin A supplements approximately 4–6 months apart in a given calendar year.

MAIN DATA SOURCES

Infant and young child feeding (0–23 months)– DHS, MICS and other national household surveys. Last update: October 2022

Vitamin A supplementation – UNICEF. Last Update: January 2023

Number of children received micronutrient powders – Nutridash Programme Coverage Estimates 2021

LEGEND FOR FOOTNOTES IN THE TABLE

– Data not available.

a Full coverage with vitamin A supplements is reported as the lower percentage of 2 annual coverage points (i.e., lower point between semester 1 (January–June) and semester 2 (July–December) of 2021. Data are only presented for vitamin A supplementation (VAS) priority countries; thus aggregates are only based on and representative of these priority countries.

aa Identifies countries that have not given permission for estimates to be shared externally. As such, results from these countries are not presented in the individual country lines in this table, but are included in the global and regional estimates.

f Identifies countries that are designated 'priority'. Priority countries for national vitamin A supplementation programmes are identified as those having high under-five mortality rates (over 40 per 1,000 live births), and/or evidence of vitamin A deficiency among this age group, and/or a history of vitamin A supplementation programmes.

p Based on small denominators (typically 25–49 unweighted cases). No data based on fewer than 25 unweighted cases are displayed.

q Regional estimates for East Asia and the Pacific exclude China; regional estimates for Latin America and the Caribbean exclude Brazil; and regional estimates for Eastern Europe and Central Asia exclude the Russian Federation.

v Aggregated estimates for East Asia and Pacific and the World include estimates for China from the year 2013, which is outside of the year range 2015–2021.

x Data refer to years or periods other than those specified in the column heading. Such data are not included in the calculation of regional and global averages. Estimates from data years prior to 2000 are not displayed.

y Data differ from the standard definition; if they fall within the noted reference period, such data are included in the calculation of regional and global averages.

***** Data refer to the most recent year available during the period specified in the column heading.

****** Progress to 2030 targets are shown for all six World Health Assembly Global Nutrition Targets for stunting, wasting, overweight, low birthweight, exclusive breastfeeding and anaemia. Progress was assessed using the

2030 targets proposed as an extension of the 2025 global nutrition targets. For further information, see: World Health Organization and United Nations Children's Fund. 'WHO/ UNICEF discussion paper: The extension of the 2025 maternal, infant and young child nutrition targets to 2030', WHO and UNICEF, Geneva and New York, 2017, <<https://www.who.int/nutrition/global-target-2025/discussion-paper-extension-targets-2030.pdf>>.

The baseline values for stunting, overweight, low birthweight and anaemia are from modelled estimates from the year 2012. For exclusive breastfeeding, the most recent country data point between 2005 and 2012 is displayed. The latest estimates for stunting, overweight, low birthweight and anaemia refer to the most recent modelled estimates available. For exclusive breastfeeding, the most recent country data point between 2013 and 2021 is displayed.

& The vitamin A supplementation coverage estimates for 2021 were not finalized at the time of publication for some priority countries and may be available in the coming months. For the latest data please visit <data.unicef.org/topic/nutrition/vitamin-a-deficiency/>

Nutrition of school-age children, adolescents and women

Countries and areas	Weight at birth			Malnutrition among school-aged children (5–19 years)			Malnutrition among women					Households
	Low birthweight (%)			Unweighed at birth (%)	Thinness (%)	Overweight (%)	Underweight 18+ years (%)	Overweight 18+ years (%)	Anaemia 15–49 years (%)			Households consuming salt with iodine (%)
	Baseline	Latest	Progress to 2030 targets **						Baseline	Latest	Progress to 2030 targets **	
	2012	2015		2015–2021*	2016	2016	2016	2016	2012	2019		2015–2021*
Afghanistan	– z	– z		86	17	9	16	22	38	43	Worsening	57
Albania	5	5	Some progress	3	1	25	2	53	22	25	Worsening	65
Algeria	7	7	No progress or worsening	10	6	31	4	65	33	33	No progress	89
Andorra	7	7	Some progress	–	1	36	2	62	11	12	Worsening	–
Angola	16	15	No progress or worsening	46	8	11	11	30	46	45	No progress	82
Anguilla	–	–		–	–	–	–	–	–	–		–
Antigua and Barbuda	9	9	No progress or worsening	–	3	27	4	56	17	17	No progress	–
Argentina	7	7	Some progress	6	1	37	1	61	13	12	Some progress	–
Armenia	8	9	No progress or worsening	1	2	19	4	57	18	17	No progress	99
Australia	6	7	No progress or worsening	1	1	34	2	61	7	9	Worsening	–
Austria	7	7	No progress or worsening	0	2	26	3	51	12	13	Worsening	–
Azerbaijan	7	7	No progress or worsening	1 x	3	19	3	54	35	35	No progress	93 x
Bahamas	13	13	Some progress	–	3	36	3	69	13	15	Worsening	–
Bahrain	10	12	No progress or worsening	–	6	35	4	67	36	35	No progress	–
Bangladesh	29	28	Some progress	49	18	9	23	21	36	37	No progress	76
Barbados	– z	– z		–	4	28	3	64	17	17	No progress	37 x
Belarus	5	5	Some progress	6	2	23	2	61	19	21	Worsening	–
Belgium	7	7	No progress or worsening	1	1	24	2	57	11	14	Worsening	–
Belize	9	9	No progress or worsening	2	3	29	3	58	21	21	No progress	85
Benin	17	17	Some progress	40	7	11	9	33	56	55	No progress	85
Bhutan	12	12	No progress or worsening	28 x	16	10	11	27	40	39	No progress	98 xy
Bolivia (Plurinational State of)	7	7	Some progress	8	1	28	2	57	29	24	Some progress	86
Bosnia and Herzegovina	3	3	No progress or worsening	2 x	2	21	3	51	24	24	No progress	–
Botswana	16	16	No progress or worsening	54 x	6	18	7	51	31	33	Worsening	83 x
Brazil	8	8	Some progress	2	3	28	4	56	18	16	Some progress	98 x
British Virgin Islands	–	–		–	–	–	–	–	–	–		–
Brunei Darussalam	12	11	Some progress	–	6	27	6	43	15	17	Worsening	–
Bulgaria	9	10	No progress or worsening	–	2	29	2	60	23	24	Worsening	92 xy
Burkina Faso	13	13	Some progress	36 x	8	8	13	26	53	53	No progress	89
Burundi	15	15	No progress or worsening	20	7	10	11	26	31	39	Worsening	89
Cabo Verde	– z	– z		–	7	12	7	39	27	24	Some progress	92 bx
Cambodia	13	12	No progress or worsening	9 x	11	11	14	23	46	47	No progress	68 x
Cameroon	12	12	On track	36	6	13	6	37	41	41	No progress	91
Canada	6	6	Some progress	3	1	32	2	62	9	10	Worsening	–
Central African Republic	15	15	No progress or worsening	37	8	11	12	30	48	47	No progress	76
Chad	– z	– z		88 x	8	9	13	25	49	45	Some progress	65

Countries and areas	Weight at birth			Malnutrition among school-aged children (5–19 years)			Malnutrition among women					Households
	Low birthweight (%)			Unweighed at birth (%)	Thinness (%)	Overweight (%)	Underweight 18+ years (%)	Overweight 18+ years (%)	Anaemia 15–49 years (%)			Households consuming salt with iodine (%)
	Baseline	Latest	Progress to 2030 targets**						Baseline	Latest	Progress to 2030 targets**	
	2012	2015		2015–2021*	2016	2016	2016	2016	2012	2019		2015–2021*
Chile	6	6	Some progress	6	1	35	1	63	8	9	Worsening	–
China	5	5	On track	0 x	3	29	6	32	15	16	Worsening	97 y
Colombia	10	10	Some progress	18	2	24	3	61	22	21	Some progress	–
Comoros	24	24	No progress or worsening	32 x	7	12	9	33	33	34	No progress	82 x
Congo	12	12	Some progress	10	7	11	11	34	53	49	Some progress	91 x
Cook Islands	4	3	No progress or worsening	–	<1	63	<1	85	26	27	Worsening	–
Costa Rica	7	7	No progress or worsening	2	2	32	2	63	12	14	Worsening	–
Côte d'Ivoire	16	15	No progress or worsening	27	6	13	8	35	52	51	No progress	80
Croatia	5	5	No progress or worsening	0	1	28	2	59	20	21	No progress	–
Cuba	5	5	Some progress	2	3	30	5	67	20	19	Some progress	90
Cyprus	– z	– z		–	1	33	2	55	12	14	Worsening	–
Czechia	8	8	Some progress	0	2	28	2	60	20	21	Worsening	–
Democratic People's Republic of Korea	– z	– z		0	5	23	8	32	32	34	Worsening	38
Democratic Republic of the Congo	11	11	No progress or worsening	27	9	10	13	28	46	42	Some progress	85
Denmark	5	5	No progress or worsening	0	1	25	3	52	12	12	Worsening	–
Djibouti	– z	– z		15 x	6	17	7	41	31	32	Worsening	4 x
Dominica	– z	– z		–	3	33	3	66	20	21	No progress	–
Dominican Republic	11	11	Some progress	4	3	33	3	64	28	26	Some progress	32 x
Ecuador	11	11	No progress or worsening	–	1	28	1	58	17	17	No progress	–
Egypt	– z	– z		39 x	3	37	1	68	31	28	Some progress	93 xy
El Salvador	10	10	On track	7 x	2	30	2	60	10	11	Worsening	–
Equatorial Guinea	– z	– z		30 x	8	11	10	33	47	45	Some progress	57 x
Eritrea	– z	– z		65 x	8	11	17	25	36	37	No progress	86 x
Estonia	4	4	No progress or worsening	6	2	21	2	58	21	22	Worsening	–
Eswatini	10	10	No progress or worsening	9 x	4	17	5	47	30	31	No progress	90 x
Ethiopia	– z	– z		87	10	9	15	24	22	24	Worsening	86
Fiji	– z	– z		1	4	34	2	68	32	32	No progress	–
Finland	4	4	On track	0	1	27	2	56	10	11	Worsening	–
France	7	7	No progress or worsening	0 x	1	30	3	57	9	11	Worsening	–
Gabon	14	14	No progress or worsening	9 x	6	16	7	43	55	52	Some progress	89 x
Gambia	17	17	On track	29	7	12	10	34	56	50	Some progress	67
Georgia	5	6	On track	0 x	3	20	4	58	27	28	No progress	98 xy
Germany	7	7	Some progress	0	1	26	2	56	10	12	Worsening	–
Ghana	15	14	Some progress	36	6	11	7	38	44	35	Some progress	69
Greece	9	9	No progress or worsening	–	1	37	1	62	13	15	Worsening	–
Grenada	– z	– z		–	4	26	4	57	19	19	No progress	–
Guatemala	11	11	No progress or worsening	6	1	29	2	56	11	7	On track	88 x

Countries and areas	Weight at birth			Malnutrition among school-aged children (5–19 years)			Malnutrition among women				Households	
	Low birthweight (%)			Unweighed at birth (%)	Thinness (%)	Overweight (%)	Underweight 18+ years (%)	Overweight 18+ years (%)	Anaemia 15–49 years (%)			Households consuming salt with iodine (%)
	Baseline	Latest	Progress to 2030 targets**						Baseline	Latest	Progress to 2030 targets**	
	2012	2015	2015–2021*	2016	2016	2016	2016	2012	2019	2015–2021*		
Guinea	– z	– z		52	7	10	10	31	51	48	Some progress	53
Guinea-Bissau	22	21	No progress or worsening	49	7	11	9	34	50	48	Some progress	33
Guyana	16	16	Some progress	12 x	5	25	5	55	34	32	Some progress	43 x
Haiti	– z	– z		68	4	28	5	54	48	48	No progress	8
Holy See	–	–		–	–	–	–	–	–	–		–
Honduras	11	11	No progress or worsening	12	2	27	3	56	17	18	Worsening	88
Hungary	9	9	On track	0	2	28	3	59	20	20	No progress	–
Iceland	4	4	No progress or worsening	1	1	28	2	53	9	10	Worsening	–
India	– z	– z		9	27	7	24	21	53	53	No progress	94
Indonesia	10	10	No progress or worsening	6	10	15	13	31	27	31	Worsening	92 bx
Iran (Islamic Republic of)	– z	– z		–	9	26	4	65	23	24	Worsening	94 bx
Iraq	– z	– z		29	5	32	2	63	30	29	Some progress	68
Ireland	5	6	Some progress	2	<1	31	1	58	11	12	Worsening	–
Israel	8	8	No progress or worsening	–	1	35	2	60	12	13	Worsening	–
Italy	7	7	Some progress	2	1	37	2	59	12	14	Worsening	–
Jamaica	15	15	Some progress	4 x	2	30	3	63	20	20	No progress	–
Japan	10	9	Some progress	0	2	14	10	25	20	19	No progress	–
Jordan	14	14	No progress or worsening	3	4	31	1	69	31	38	Worsening	88 bx
Kazakhstan	6	5	Some progress	1	2	20	4	54	27	29	Worsening	94
Kenya	12	11	No progress or worsening	35	8	11	10	31	28	29	No progress	95 x
Kiribati	– z	– z		25	<1	55	1	80	32	33	No progress	77
Kuwait	10	10	No progress or worsening	–	4	42	1	73	21	24	Worsening	–
Kyrgyzstan	6	6	Some progress	1	3	16	4	47	34	36	Worsening	99
Lao People's Democratic Republic	18	17	No progress or worsening	33	9	14	11	25	36	40	Worsening	94
Latvia	5	5	No progress or worsening	0	2	22	2	60	21	22	No progress	–
Lebanon	9	9	No progress or worsening	–	5	33	3	67	25	28	Worsening	95 x
Lesotho	15	15	Some progress	8	5	15	5	48	28	28	No progress	85 x
Liberia	– z	– z		71	7	10	8	35	44	43	No progress	87
Libya	– z	– z		–	6	33	2	69	29	30	Worsening	70 bx
Liechtenstein	–	–		–	–	–	–	–	–	–		–
Lithuania	5	5	No progress or worsening	15	3	21	2	61	19	20	Worsening	–
Luxembourg	7	7	Some progress	2	1	26	2	54	9	10	Worsening	–
Madagascar	17	17	Some progress	63 x	7	11	15	26	38	38	No progress	68 x
Malawi	15	14	Some progress	6	6	11	9	27	31	31	No progress	80
Malaysia	11	11	Some progress	–	7	26	7	42	30	32	Worsening	28 xy
Maldives	12	12	Some progress	2	14	17	9	32	46	52	Worsening	97 x
Mali	– z	– z		65	8	11	10	31	58	59	No progress	76 y

Countries and areas	Weight at birth			Malnutrition among school-aged children (5–19 years)			Malnutrition among women					Households
	Low birthweight (%)			Unweighed at birth (%)	Thinness (%)	Overweight (%)	Underweight 18+ years (%)	Overweight 18+ years (%)	Anaemia 15–49 years (%)			Households consuming salt with iodine (%)
	Baseline	Latest	Progress to 2030 targets **						Baseline	Latest	Progress to 2030 targets **	
	2012	2015		2015–2021*	2016	2016	2016	2016	2012	2019		2015–2021*
Malta	7	6	No progress or worsening	2	1	37	1	64	12	14	Worsening	–
Marshall Islands	– z	– z		14	<1	59	1	84	30	31	No progress	–
Mauritania	– z	– z		84	8	13	8	39	45	43	Some progress	25 y
Mauritius	17	17	No progress or worsening	–	7	15	7	42	19	24	Worsening	–
Mexico	8	8	On track	2	2	35	2	66	16	15	Some progress	–
Micronesia (Federated States of)	– z	– z		–	<1	51	1	75	23	25	Worsening	–
Monaco	5	5	No progress or worsening	–	–	–	–	–	11	12	Worsening	–
Mongolia	5	5	Some progress	1	2	18	3	54	14	15	No progress	75
Montenegro	5	5	On track	2	2	25	2	56	16	17	Worsening	–
Montserrat	–	–		–	–	–	–	–	–	–		–
Morocco	18	17	Some progress	3	6	27	3	64	30	30	No progress	43 x
Mozambique	14	14	Some progress	49 x	4	13	10	30	49	48	No progress	42 x
Myanmar	13	12	Some progress	55	13	12	14	28	39	42	Worsening	85 y
Namibia	16	16	No progress or worsening	15 x	8	15	9	48	25	25	No progress	74 x
Nauru	– z	– z		4 x	<1	65	<1	88	30	30	No progress	–
Nepal	23	22	On track	22	16	8	17	21	36	36	No progress	94
Netherlands	6	6	On track	5	1	25	2	56	11	13	Worsening	–
New Zealand	6	6	No progress or worsening	8	<1	40	2	64	9	10	Worsening	–
Nicaragua	11	11	Some progress	30 x	2	29	2	58	13	16	Worsening	–
Niger	– z	– z		64	10	8	13	26	49	50	No progress	59 x
Nigeria	– z	– z		77	10	8	10	33	55	55	No progress	93
Niue	– z	– z		–	<1	59	1	82	26	27	Worsening	–
North Macedonia	9	9	On track	0	2	26	3	55	17	19	Worsening	–
Norway	5	4	No progress or worsening	0	1	27	2	56	11	12	Worsening	–
Oman	11	11	No progress or worsening	–	7	32	5	61	29	29	No progress	88 x
Pakistan	– z	– z		89	19	10	15	29	43	41	No progress	80
Palau	– z	– z		–	<1	64	1	85	27	29	Worsening	–
Panama	10	10	Some progress	9 x	2	29	3	61	22	21	Some progress	–
Papua New Guinea	– z	– z		51	1	32	3	55	33	34	No progress	60 x
Paraguay	8	8	Some progress	2	2	28	2	51	22	23	Worsening	92
Peru	10	9	Some progress	3	1	27	2	59	21	21	No progress	91
Philippines	20	20	No progress or worsening	17	10	13	14	27	17	12	On track	57 y
Poland	6	6	No progress or worsening	5	2	26	3	57	–	–		–
Portugal	9	9	No progress or worsening	0	1	32	2	58	12	13	Worsening	–
Qatar	8	7	No progress or worsening	–	5	39	2	71	27	28	Worsening	99 xy
Republic of Korea	5	6	No progress or worsening	8	1	27	6	29	14	14	No progress	–
Republic of Moldova	5	5	On track	1 x	3	18	3	53	26	26	No progress	58 x
Romania	8	8	No progress or worsening	–	3	25	2	56	22	23	No progress	–
Russian Federation	6	6	On track	–	2	21	2	61	20	21	Worsening	–

Countries and areas	Weight at birth			Malnutrition among school-aged children (5–19 years)			Malnutrition among women					Households
	Low birthweight (%)			Unweighed at birth (%)	Thinness (%)	Overweight (%)	Underweight 18+ years (%)	Overweight 18+ years (%)	Anaemia 15–49 years (%)			Households consuming salt with iodine (%)
	Baseline	Latest	Progress to 2030 targets **						Baseline	Latest	Progress to 2030 targets **	
	2012	2015		2015–2021*	2016	2016	2016	2016	2012	2019		2015–2021*
Rwanda	8	8	No progress or worsening	6	6	11	8	30	18	17	Some progress	90
Saint Kitts and Nevis	– z	– z		–	4	28	3	60	16	15	No progress	–
Saint Lucia	– z	– z		1 x	4	23	4	57	14	14	No progress	75 x
Saint Vincent and the Grenadines	– z	– z		–	3	29	4	61	17	17	No progress	–
Samoa	– z	– z		54	<1	53	1	80	25	27	Worsening	96
San Marino	3	3	No progress or worsening	–	–	–	–	–	11	13	Worsening	–
Sao Tome and Principe	7	7	No progress or worsening	3	5	13	8	38	46	44	No progress	89
Saudi Arabia	– z	– z		–	8	36	2	70	26	28	Worsening	70 xy
Senegal	19	18	No progress or worsening	36	9	10	11	32	56	53	Some progress	65
Serbia	5	5	No progress or worsening	0	2	27	3	55	22	23	Worsening	–
Seychelles	11	12	No progress or worsening	–	6	23	5	47	24	25	Worsening	–
Sierra Leone	15	14	Some progress	35	7	11	10	32	48	48	No progress	82
Singapore	10	10	No progress or worsening	–	2	22	8	29	12	13	Worsening	–
Slovakia	8	8	No progress or worsening	0	1	23	3	53	22	24	Worsening	–
Slovenia	6	6	No progress or worsening	3	1	27	3	55	20	22	Worsening	–
Solomon Islands	– z	– z		14	1	23	2	57	38	38	No progress	88
Somalia	– z	– z		92	7	13	9	32	44	43	No progress	7 x
South Africa	14	14	No progress or worsening	12	5	25	3	64	29	31	Worsening	91
South Sudan	– z	– z		–	–	–	–	–	35	36	No progress	60 x
Spain	8	8	Some progress	–	1	34	2	61	12	13	Worsening	–
Sri Lanka	17	16	No progress or worsening	4	15	13	13	29	34	35	No progress	92
State of Palestine	8	8	No progress or worsening	1	–	–	–	–	–	–	No progress	96
Sudan	– z	– z		90	–	–	–	–	37	37	No progress	34 x
Suriname	15	15	On track	16	4	31	3	65	20	21	Worsening	–
Sweden	4	2	No progress or worsening	0	1	24	2	53	12	14	Worsening	–
Switzerland	7	6	Some progress	1	<1	22	4	50	10	11	Worsening	–
Syrian Arab Republic	– z	– z		52 x	6	28	3	62	32	33	No progress	72 y
Tajikistan	6	6	Some progress	9	4	15	5	42	31	35	Worsening	91
Thailand	11	11	No progress or worsening	2	8	22	8	38	22	24	Worsening	84
Timor-Leste	– z	– z		47	11	13	18	20	27	30	Worsening	83
Togo	16	16	No progress or worsening	30	6	10	9	32	47	46	Some progress	81
Tokelau	–	–		–	–	–	–	–	–	–		–
Tonga	– z	– z		17	<1	58	<1	80	27	29	Worsening	53
Trinidad and Tobago	13	12	No progress or worsening	10 x	6	25	4	57	18	18	No progress	63 x
Tunisia	8	7	No progress or worsening	2	7	25	3	67	30	32	Worsening	–
Türkiye	12	11	No progress or worsening	4	5	29	2	70	–	–		85 x
Turkmenistan	5	5	On track	1	3	18	4	50	25	27	Worsening	>99
Turks and Caicos Islands	–	–		–	–	–	–	–	–	–		70
Tuvalu	– z	– z		1	<1	58	1	83	26	28	Worsening	85
Uganda	– z	– z		34	6	10	10	26	31	33	Worsening	91

Countries and areas	Weight at birth			Malnutrition among school-aged children (5–19 years)			Malnutrition among women					Households
	Low birthweight (%)			Unweighed at birth (%)	Thinness (%)	Overweight (%)	Underweight 18+ years (%)	Overweight 18+ years (%)	Anaemia 15–49 years (%)			Households consuming salt with iodine (%)
	Baseline	Latest	Progress to 2030 targets **						Baseline	Latest	Progress to 2030 targets**	
	2012	2015		2015–2021*	2016	2016	2016	2016	2012	2019		2015–2021*
Ukraine	5	6	No progress or worsening	3 x	2	21	2	60	14	18	Worsening	36 x
United Arab Emirates	13	13	No progress or worsening	–	5	36	2	68	24	24	No progress	–
United Kingdom	7	7	Some progress	2	1	31	2	63	9	11	Worsening	–
United Republic of Tanzania	11	10	No progress or worsening	37	7	12	10	31	40	39	Some progress	76
United States	8	8	No progress or worsening	2	1	42	2	66	10	12	Worsening	–
Uruguay	8	8	No progress or worsening	0	2	33	1	63	13	15	Worsening	–
Uzbekistan	5	5	Some progress	4	3	17	4	47	29	25	Some progress	82 x
Vanuatu	11	11	On track	10 x	2	31	2	59	24	29	Worsening	63 x
Venezuela (Bolivarian Republic of)	9	9	No progress or worsening	–	2	34	2	63	21	24	Worsening	–
Viet Nam	8	8	Some progress	3	14	10	18	21	17	21	Worsening	61 x
Yemen	– z	– z		92 x	14	20	8	46	62	62	No progress	49 x
Zambia	12	12	No progress or worsening	20	6	13	9	31	31	32	No progress	88 x
Zimbabwe	13	13	No progress or worsening	12	6	15	5	46	30	29	Some progress	84
SUMMARY												
East Asia and Pacific	8	8		7 v	6	23	8	31	18	19		92
Europe and Central Asia	7	7		2	2	26	2	59	18	19		–
Eastern Europe and Central Asia	7	7		3	3	23	2	60	24	25		–
Western Europe	7	7		1	1	30	2	58	12	13		–
Latin America and Caribbean	9	9		7	2	30	3	60	18	17		–
Middle East and North Africa	11	11		35	6	31	3	65	30	30		–
North America	8	8		2	1	41	2	65	10	12		–
South Asia	28	27		31	25	8	23	22	50	49		90
sub-Saharan Africa	14	14		52	7	10	10	33	41	41		84
Eastern and Southern Africa	14	14		51	7	11	9	34	32	33		85
West and Central Africa	15	14		54	9	10	10	32	51	49		84
World	15	15		29 v	11	18	9	40	29	30		89

DEFINITIONS OF THE INDICATORS

Low birthweight: Percentage of infants weighing less than 2,500 grams at birth.

Unweighed at birth: Percentage of births without a birthweight in the data source. Note that estimates from household surveys include live births among women aged 15–49 years in the survey reference period (e.g., last two years) for which a birthweight was not available from an official document (e.g., health card) or could not be recalled by the respondent at the time of interview and may have been recalculated to count birthweights <250g and >5500g

as missing. Estimates from administrative sources (e.g., health management information systems) were calculated using numerator data from the country administrative source and denominator data based on the number of annual births according to the United Nations Population Division World Population Prospects, 2017 edition. These estimates include unweighed births and weighed births not recorded in the system.

Thinness (school-age children): Percentage of children aged 5–19 years with body mass index (BMI) less than two standard deviations

below the median according to the WHO growth reference for school-age children and adolescents.

Overweight (school-age children): Percentage of children aged 5–19 years with BMI greater than one standard deviation above the median according to the WHO growth reference for school-age children and adolescents.

Underweight (women 18+): Percentage of women 18+ years of age with a BMI less than 18.5 kg/m².

Overweight (women 18+): Percentage of women 18+ years of age with a BMI greater than or equal to 25 kg/m².

Anaemia (women 15–49): Percentage of women aged 15–49 years with a haemoglobin concentration less than 120 g/L for non-pregnant women and lactating women, and less than 110 g/L for pregnant women, adjusted for altitude and smoking.

Households consuming salt with iodine: Percentage of households consuming salt with any iodine (>0 ppm).

MAIN DATA SOURCES

Low birthweight: Modelled estimates from UNICEF and WHO. Last update: May 2019

Unweighed at birth: Demographic and Health Surveys (DHS), Multiple Indicator Cluster Surveys (MICS), other national household surveys, data from routine reporting systems. Last update: December 2022

Thinness and overweight (school-age children), underweight and overweight (women 18+): NCD Risk Factor Collaboration (NCD-RisC), based on Worldwide trends in body-mass index, underweight, overweight and obesity from 1975 to 2016: a pooled analysis of 2416 population-based measurement studies in 128.9 million children, adolescents, and adults. *Lancet* 2017, 390 (10113): 2627–2642. Last update: August 2019

Anaemia (women 15–49 years): Global Health Observatory, WHO. Last update: April 2021

Iodized salt consumption: DHS, MICS, other national household surveys, and school-based surveys. Last update: December 2022

LEGEND FOR FOOTNOTES

– Data not available.

b Cannot be confirmed whether the reported value includes households without salt or not.

v Aggregated estimates for East Asia and the Pacific and the World include estimates for China from the year 2013, which is outside of the year range 2015–2021.

x Data refer to years or periods other than those specified in the column heading. Such data are not included in the calculation of regional and global averages. Estimates from data years prior to 2000 are not displayed.

y Data differ from the standard definition; if they fall within the noted reference period, such data are included in the calculation of regional and global averages.

z Country modelled estimates not presented but has been used for regional and global aggregates. For more details please consult <<https://data.unicef.org/topic/nutrition/childnutrition/>>.

***** Data refer to the most recent year available during the period specified in the column heading.

****** Progress to 2030 targets are shown for all six World Health Assembly Global Nutrition Targets for stunting, wasting, overweight, low birthweight, exclusive breastfeeding and anaemia. Progress was assessed using the 2030 targets proposed as an extension of the 2025 global nutrition targets. For further information, see: World Health Organization and United Nations Children’s Fund. ‘WHO/

UNICEF discussion paper: The extension of the 2025 maternal, infant and young child nutrition targets to 2030’, WHO and UNICEF, Geneva and New York, 2017, <<https://www.who.int/nutrition/global-target-2025/discussion-paper-extension-targets-2030.pdf>>.

The baseline values for stunting, overweight, low birthweight and anaemia are from modelled estimates from the year 2012. For exclusive breastfeeding, the most recent country data point between 2005 and 2012 is displayed. The latest estimates for stunting, overweight, low birthweight and anaemia refer to the most recent modelled estimates available. For exclusive breastfeeding, the most recent country data point between 2013 and 2021 is displayed.

Nutrition and care for children with wasting

Countries and areas	Treatment of wasting			
	Total number of children 6–59 months screened for wasting	Total number of children 6–59 months with wasting admitted for treatment	Percentage of children 6–59 months admitted for treatment and discharged as recovered	Percentage of children 6–59 months admitted for treatment and discharged as defaulted
	2021	2021	2021	2021
Afghanistan	11,055,355	320,523	88%	10%
Albania	–	0	0%	0%
Algeria	–	–	–	–
Angola	430,111	60,735	80%	18%
Anguilla	–	–	–	–
Antigua and Barbuda	–	–	–	–
Argentina	–	0	–	–
Armenia	–	0	–	–
Azerbaijan	–	0	–	–
Bahrain	–	–	–	–
Bangladesh	2,309,793	11,371	84%	13%
Barbados	–	–	–	–
Belarus	–	–	–	–
Belize	–	–	–	–
Benin	1,307,980	26,141	88%	11%
Bhutan	–	642	–	–
Bolivia (Plurinational State of)	–	0	–	–
Bosnia and Herzegovina	–	0	–	–
Botswana	–	15,045	–	–
Brazil	–	0	–	–
British Virgin islands	–	–	–	–
Bulgaria	–	–	–	–
Burkina Faso	3,343,093	111,462	92%	6%
Burundi	1,809,474	55,625	91%	4%
Cabo Verde	–	0	–	–
Cambodia	61,079	4,950	68%	32%
Cameroon	–	87,527	88%	7%
Central African Republic	–	42,163	92%	5%
Chad	31,359	303,910	93%	5%
Chile	–	0	–	–
China	–	0	–	–
Colombia	–	–	–	–
Comoros	190,770	–	–	–
Congo	483,226	5,455	79%	16%
Cook Islands	–	–	–	–
Costa Rica	–	–	–	–
Côte d'Ivoire	1,675,182	0	–	–
Croatia	–	0	–	–
Cuba	–	0	–	–
Democratic People's Republic of Korea	1,443,092	12,302	99%	0%
Democratic Republic of the Congo	–	669,410	83%	9%
Djibouti	–	6,963	72%	19%
Dominica	–	–	–	–
Dominican Republic	–	–	–	–
Ecuador	701,113	237	0%	0%
Egypt	–	0	–	–
El Salvador	–	393	–	–
Equatorial Guinea	17,337	–	–	–
Eritrea	223,294	20,562	88%	11%
Eswatini	243,122	215	82%	0%
Ethiopia	6,123,656	517,757	95%	4%
Fiji	–	–	–	–
Gabon	–	0	–	–
Gambia	784,359	4,218	93%	4%
Georgia	–	0	–	–
Ghana	–	11,124	73%	13%
Grenada	–	–	–	–
Guatemala	351,751	5,542	0%	0%
Guinea	701,191	23,480	84%	8%
Guinea-Bissau	–	1,004	80%	15%

Countries and areas	Treatment of wasting			
	Total number of children 6–59 months screened for wasting	Total number of children 6–59 months with wasting admitted for treatment	Percentage of children 6–59 months admitted for treatment and discharged as recovered	Percentage of children 6–59 months admitted for treatment and discharged as defaulted
	2021	2021	2021	2021
Guyana	–	0	–	–
Haiti	–	17,159	74%	25%
Honduras	41,537	117	–	–
India	–	0	–	–
Indonesia	11,530,343	99,968	–	–
Iran (Islamic Republic of)	–	0	–	–
Iraq	33,843	8,649	82%	17%
Jamaica	–	0	–	–
Jordan	71,068	–	–	–
Kazakhstan	–	0	–	–
Kenya	–	68,645	81%	14%
Kiribati	–	–	–	–
Kosovo	–	0	–	–
Kuwait	–	–	–	–
Kyrgyzstan	16	0	–	–
Lao People's Democratic Republic	1,448,011	0	–	–
Lebanon	248,450	0	–	–
Lesotho	2,083	4,119	95%	0%
Liberia	454,349	26,542	90%	9%
Libya	–	–	–	–
Madagascar	3,605,864	88,566	86%	7%
Malawi	3,485,391	34,230	92%	4%
Malaysia	–	0	–	–
Maldives	–	0	–	–
Mali	2,792,382	154,250	93%	6%
Marshall Islands	–	–	–	–
Mauritania	1,138,402	25,895	90%	8%
Mexico	231,110	0	–	–
Micronesia (Federated States of)	–	–	–	–
Mongolia	19,708	165	95%	5%
Montenegro	–	–	–	–
Montserrat	–	–	–	–
Morocco	–	–	–	–
Mozambique	–	34,698	92%	8%
Myanmar	261,721	3,888	74%	11%
Namibia	313,675	4,081	56%	39%
Nauru	–	–	–	–
Nepal	2,538,725	12,236	86%	14%
Nicaragua	78,096	0	–	–
Niger	8,049,036	429,803	93%	4%
Nigeria	14,519,357	520,008	96%	3%
Niue	–	–	–	–
North Macedonia	–	0	–	–
Oman	–	0	–	–
Pakistan	5,250,198	330,952	91%	7%
Palau	–	–	–	–
Panama	–	0	–	–
Papua New Guinea	28,709	2,514	100%	0%
Paraguay	30,805	0	–	–
Peru	1,164,953	0	–	–
Philippines	5,394,319	5,590	63%	34%
Qatar	–	–	–	–
Republic of Moldova	–	0	–	–
Romania	–	–	–	–
Russian Federation	–	–	–	–
Rwanda	1,510,693	13,570	95%	2%
Saint Kitts and Nevis	–	–	–	–
Saint Lucia	–	–	–	–
Saint Vincent and the Grenadines	–	–	–	–
Samoa	–	0	–	–

Countries and areas	Treatment of wasting			
	Total number of children 6–59 months screened for wasting	Total number of children 6–59 months with wasting admitted for treatment	Percentage of children 6–59 months admitted for treatment and discharged as recovered	Percentage of children 6–59 months admitted for treatment and discharged as defaulted
	2021	2021	2021	2021
Sao Tome and Principe	–	–	–	–
Saudi Arabia	–	–	–	–
Senegal	1,997,411	32,029	81%	17%
Serbia	–	0	–	–
Seychelles	–	–	–	–
Sierra Leone	2,224,709	42,119	98%	1%
Solomon Islands	219	0	–	–
Somalia	5,044,090	260,040	96%	2%
South Africa	–	8,883	0%	0%
South Sudan	8,340,806	241,108	96%	2%
Sri Lanka	6,948,608	4,972	–	–
State of Palestine	–	0	–	–
Sudan	5,608,908	289,846	92%	6%
Suriname	–	–	–	–
Syrian Arab Republic	1,333,056	7,946	87%	13%
Tajikistan	–	0	–	–
Thailand	–	0	–	–
Timor-Leste	–	1,211	83%	6%
Togo	6,811	8,201	87%	10%
Tokelau	–	–	–	–
Tonga	–	–	–	–
Trinidad and Tobago	–	–	–	–
Tunisia	–	–	–	–
Türkiye	–	–	–	–
Turkmenistan	–	0	–	–
Turks and Caicos Islands	–	–	–	–
Tuvalu	–	–	–	–
Uganda	6,008,685	44,018	60%	20%
Ukraine	–	0	–	–
United Arab Emirates	–	–	–	–
United Republic of Tanzania	91,111	4,042	79%	7%
Uruguay	261,718	–	–	–
Uzbekistan	–	0	–	–
Vanuatu	–	0	–	–
Venezuela (Bolivarian Republic of)	233,449	–	–	–
Viet Nam	121,000	3,210	–	–
Yemen	4,562,392	384,261	89%	9%
Zambia	8,152,271	14,841	78%	20%
Zimbabwe	5,974,087	15,559	71%	15%
Seychelles	–	–	–	–
Sierra Leone	2,169,914	32,069	97	2
Singapore	–	–	–	–
Slovakia	–	–	–	–
Slovenia	–	–	–	–
Solomon Islands	68,958	217	–	–
Somalia	4,216,386	251,078	95	2
South Africa	–	–	–	–
South Sudan	6,725,057	201,055	95	3
Spain	–	–	–	–
Sri Lanka	–	–	–	–
State of Palestine	–	–	–	–
Sudan	5,207,963	255,010	–	–
Suriname	–	–	–	–
Sweden	–	–	–	–
Switzerland	–	–	–	–
Syrian Arab Republic	1,186,398	8,058	–	–
Tajikistan	–	3,550	94	1
Thailand	–	–	–	–
Timor-Leste	94,988	2,299	87	7

Countries and areas	Treatment of wasting			
	Total number of children 6–59 months screened for wasting	Total number of children 6–59 months with wasting admitted for treatment	Percentage of children 6–59 months admitted for treatment and discharged as recovered	Percentage of children 6–59 months admitted for treatment and discharged as defaulted
	2021	2021	2021	2021
Togo	6,017	6,017	81	15
Tokelau	–	–	–	–
Tonga	–	–	–	–
Trinidad and Tobago	–	–	–	–
Tunisia	–	–	–	–
Turkey	–	–	–	–
Turkmenistan	–	–	–	–
Turks and Caicos Islands	–	–	–	–
Tuvalu	–	–	–	–
Uganda	4,650,265	34,888	59	20
Ukraine	–	–	–	–
United Arab Emirates	–	–	–	–
United Kingdom	–	–	–	–
United Republic of Tanzania	256,200	6,913	73	12
United States	–	–	–	–
Uruguay	–	–	–	–
Uzbekistan	–	–	–	–
Vanuatu	4,335	–	–	–
Venezuela (Bolivarian Republic of)	–	–	–	–
Viet Nam	–	–	–	–
Yemen	4,484,923	282,900	88	10
Zambia	493,023	12,981	78	14
Zimbabwe	3,605,406	20,593	71	17
SUMMARY				
East Asia and the Pacific	20,308,201	133,798	86.4%	10.6%
Europe and Central Asia	16	0	0.0%	0.0%
Latin America and Caribbean	3,094,532	23,448	73.9%	24.4%
Middle East and North Africa	11,857,717	697,665	89.9%	7.9%
North America				
South Asia	28,102,679	680,696	89.4%	8.7%
Eastern and Southern Africa	51,549,183	1,506,339	92.1%	5.2%
West and Central Africa	39,526,184	2,524,741	91.0%	5.5%
World	154,438,512	5,566,687	90.9%	6.2%

DEFINITIONS OF INDICATORS

Number of children screened:

Total number of screenings conducted on children 6–59 months for detection of wasting using either mid-upper arm circumference (MUAC) or weight for height measurements at community and health facility level.

Total number of children 6–59 months with wasting admitted for treatment:

The total number of children 6–59 months with severe wasting (defined by either MUAC <115 mm or weight-for-height <-3 SD) newly admitted to programmes for treatment.

Percentage of children 6–59 months admitted for treatment and discharged as recovered:

The number of children 6–59 months that recover from severe wasting without medical complications and meet the discharge criteria divided by the total number of children discharged.

Percentage of children 6–59 months admitted for treatment and discharged as defaulted:

The total number of children 6–59 months with severe wasting who were discharged as defaulted divided by the total number of children 6–59 months discharged.

MAIN DATA SOURCE

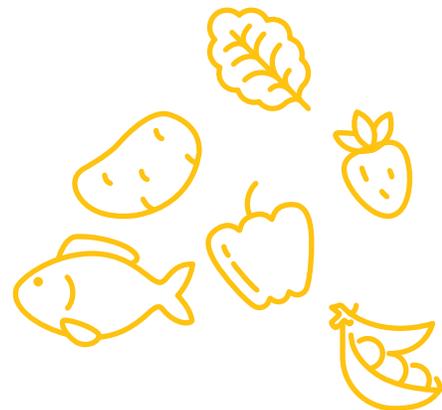
NutriDash Programme Coverage Estimates, 2021

LEGEND FOR FOOTNOTES IN TABLE

– Data not available.

Edition specific data tables on current status and trends in adolescent girls' and women's nutrition

- Trends in malnutrition among adolescent girls and women
- Policies, programmes and services



Trends in malnutrition among adolescent girls and women

Countries and areas	Trends in malnutrition among adolescent girls and women										
	Percentage of adolescent girls aged 10–19 years affected by underweight			Percentage of women aged 20–49 years affected by underweight			Percentage of adolescent girls and women aged 15–49 years affected by anaemia				
	2000	2016	Trend category	2000	2016	Trend category	2000	2019	Trend category	By pregnancy status	
										Pregnant	Non-pregnant
										2019	
Afghanistan	12	10	no change	20	15	no change	36	43	no change	37	43
Albania	2	1	no change	4	3	no change	26	25	no change	25	25
Algeria	4	5	no change	6	4	no change	38	33	no change	33	33
Andorra	1	1	no change	2	2	no change	11	12	no change	17	12
Angola	6	5	no change	14	11	no change	52	45	no change	48	44
Anguilla	–	–	–	–	–	–	–	–	–	–	–
Antigua and Barbuda	3	3	no change	6	4	no change	22	17	no change	19	17
Argentina	1	1	no change	2	2	no change	16	12	no change	21	12
Armenia	2	2	no change	4	4	no change	20	17	no change	18	17
Australia	0	0	no change	2	2	no change	8	9	no change	16	8
Austria	2	2	no change	4	3	no change	12	13	no change	18	13
Azerbaijan	2	3	no change	4	3	no change	41	35	no change	35	35
Bahamas	2	2	no change	4	3	no change	17	15	no change	17	14
Bahrain	4	5	no change	5	4	no change	43	35	no change	34	36
Bangladesh	14	13	no change	27	21	decrease	36	37	no change	42	37
Barbados	3	4	no change	5	3	no change	21	17	no change	20	17
Belarus	3	2	no change	3	2	no change	22	21	no change	24	20
Belgium	1	1	no change	2	2	no change	11	14	no change	16	14
Belize	3	3	no change	5	4	no change	27	21	no change	21	21
Benin	5	4	no change	11	9	no change	62	55	no change	58	55
Bhutan	13	11	no change	15	10	no change	45	39	no change	38	39
Bolivia (Plurinational State of)	1	1	no change	3	2	no change	33	24	no change	34	24
Bosnia and Herzegovina	3	2	no change	4	3	no change	25	24	no change	27	24
Botswana	7	3	no change	9	7	no change	36	33	no change	31	33
Brazil	3	2	no change	6	4	decrease	27	16	no change	19	16
British Virgin Islands	–	–	–	–	–	–	–	–	–	–	–
Brunei Darussalam	5	5	no change	9	6	no change	17	17	no change	23	17
Bulgaria	2	2	no change	3	2	no change	23	24	no change	26	24
Burkina Faso	8	5	no change	15	12	no change	56	53	no change	55	52
Burundi	5	4	no change	14	11	no change	37	39	no change	44	38
Cabo Verde	6	4	no change	9	8	no change	32	24	no change	34	24
Cambodia	7	8	no change	17	13	no change	54	47	no change	52	47
Cameroon	4	3	no change	8	7	no change	42	41	no change	44	40
Canada	0	0	no change	3	2	no change	9	10	no change	16	10
Central African Republic	6	5	no change	14	12	no change	51	47	no change	52	46
Chad	7	5	no change	15	13	no change	52	45	no change	45	46
Chile	1	1	no change	2	1	no change	9	9	no change	19	8
China	5	3	no change	9	6	decrease	22	16	no change	19	15
Colombia	2	2	no change	4	3	no change	30	21	no change	22	21
Comoros	5	4	no change	11	9	no change	38	34	no change	38	34
Congo	5	4	no change	13	11	no change	57	49	no change	51	49
Cook Islands	0	0	no change	1	0	no change	27	27	no change	33	27
Costa Rica	2	1	no change	4	3	no change	16	14	no change	18	14
Côte d'Ivoire	4	3	no change	10	8	no change	54	51	no change	54	51
Croatia	2	1	no change	3	2	no change	21	21	no change	23	21
Cuba	3	3	no change	6	5	no change	29	19	no change	22	19
Cyprus	1	1	no change	3	2	no change	12	14	no change	19	13
Czechia	2	2	no change	2	2	no change	20	21	no change	23	21
Democratic People's Republic of Korea	5	4	no change	9	7	no change	35	34	no change	39	34
Democratic Republic of the Congo	7	5	no change	16	13	no change	53	42	no change	47	42
Denmark	1	1	no change	4	3	no change	12	12	no change	17	12
Djibouti	4	3	no change	9	8	no change	37	32	no change	37	32

Countries and areas	Trends in malnutrition among adolescent girls and women										
	Percentage of adolescent girls aged 10–19 years affected by underweight			Percentage of women aged 20–49 years affected by underweight			Percentage of adolescent girls and women aged 15–49 years affected by anaemia				
	2000	2016	Trend category	2000	2016	Trend category	2000	2019	Trend category	By pregnancy status	
										Pregnant	Non-pregnant
											2019
Dominica	2	2	no change	4	3	no change	26	21	no change	23	21
Dominican Republic	3	3	no change	6	4	no change	37	26	no change	28	26
Ecuador	1	1	no change	2	2	no change	25	17	no change	22	17
Egypt	2	2	no change	2	1	no change	36	28	no change	26	28
El Salvador	1	1	no change	4	3	no change	11	11	no change	16	10
Equatorial Guinea	6	5	no change	12	10	no change	56	45	no change	48	44
Eritrea	7	6	no change	20	16	no change	41	37	no change	41	37
Estonia	3	2	no change	3	3	no change	22	22	no change	23	22
Eswatini	5	2	no change	8	6	no change	34	31	no change	32	31
Ethiopia	8	7	no change	17	14	no change	33	24	no change	29	24
Fiji	3	3	no change	4	2	no change	35	32	no change	41	32
Finland	1	1	no change	2	2	no change	11	11	no change	16	11
France	1	1	no change	4	3	no change	8	11	no change	16	10
Gabon	4	3	no change	9	7	no change	59	52	no change	53	52
Gambia	6	5	no change	12	10	no change	62	50	no change	55	49
Georgia	3	3	no change	5	4	no change	32	28	no change	28	28
Germany	1	1	no change	2	2	no change	10	12	no change	17	12
Ghana	5	3	no change	9	7	no change	49	35	no change	47	35
Greece	1	1	no change	2	1	no change	13	15	no change	20	15
Grenada	3	3	no change	6	4	no change	25	19	no change	23	19
Guatemala	1	1	no change	3	2	no change	22	7	decrease	13	7
Guinea	6	4	no change	12	10	no change	52	48	no change	53	48
Guinea-Bissau	6	4	no change	12	9	no change	54	48	no change	52	48
Guyana	5	5	no change	7	5	no change	44	32	no change	33	32
Haiti	4	4	no change	9	6	no change	54	48	no change	49	48
Holy See	–	–	–	–	–	–	–	–	–	–	–
Honduras	2	2	no change	5	3	no change	22	18	no change	22	18
Hungary	2	1	no change	4	3	no change	19	20	no change	23	20
Iceland	1	1	no change	2	2	no change	10	10	no change	15	10
India	21	22	no change	28	23	decrease	54	53	no change	50	53
Indonesia	8	8	no change	16	11	decrease	33	31	no change	44	31
Iran (Islamic Republic of)	6	7	no change	7	5	no change	27	24	no change	24	24
Iraq	3	4	no change	4	3	no change	40	29	no change	31	28
Ireland	0	0	no change	2	1	no change	11	12	no change	17	12
Israel	1	1	no change	2	2	no change	13	13	no change	18	13
Italy	0	0	no change	3	2	no change	12	14	no change	19	14
Jamaica	2	2	no change	6	4	no change	25	20	no change	23	20
Japan	1	1	no change	10	9	no change	21	19	no change	23	19
Jordan	3	3	no change	3	2	no change	30	38	no change	34	38
Kazakhstan	2	2	no change	5	4	no change	35	29	no change	31	29
Kenya	5	4	no change	12	9	no change	40	29	no change	40	28
Kiribati	0	0	no change	3	1	no change	33	33	no change	42	32
Kuwait	2	3	no change	2	1	no change	24	24	no change	24	24
Kyrgyzstan	3	3	no change	6	5	no change	37	36	no change	36	36
Lao People's Democratic Republic	6	6	no change	15	11	no change	43	40	no change	47	39
Latvia	3	2	no change	3	2	no change	24	22	no change	23	22
Lebanon	3	4	no change	4	3	no change	27	28	no change	28	28
Lesotho	5	1	no change	7	5	no change	37	28	no change	34	28
Liberia	5	3	no change	10	8	no change	53	43	no change	50	42
Libya	4	4	no change	3	2	no change	33	30	no change	29	30
Liechtenstein	–	–	–	–	–	–	–	–	–	–	–
Lithuania	3	3	no change	2	2	no change	22	20	no change	22	20
Luxembourg	1	1	no change	2	2	no change	9	10	no change	15	10

Countries and areas	Trends in malnutrition among adolescent girls and women										
	Percentage of adolescent girls aged 10–19 years affected by underweight			Percentage of women aged 20–49 years affected by underweight			Percentage of adolescent girls and women aged 15–49 years affected by anaemia				
	2000	2016	Trend category	2000	2016	Trend category	2000	2019	Trend category	By pregnancy status	
										Pregnant	Non-pregnant
											2019
Madagascar	6	5	no change	17	14	no change	43	38	no change	39	38
Malawi	4	3	no change	11	9	no change	38	31	no change	39	31
Malaysia	8	7	no change	11	7	decrease	35	32	no change	31	32
Maldives	12	13	no change	13	9	no change	48	52	no change	49	52
Mali	6	4	no change	13	10	no change	63	59	no change	59	59
Malta	1	1	no change	2	1	no change	14	14	no change	19	14
Marshall Islands	0	0	no change	1	1	no change	31	31	no change	39	30
Mauritania	6	4	no change	10	8	no change	49	43	no change	49	43
Mauritius	5	5	no change	9	7	no change	19	24	no change	28	23
Mexico	2	1	no change	3	2	no change	24	15	no change	20	15
Micronesia (Federated States of)	0	0	no change	3	2	no change	22	25	no change	35	24
Monaco	–	–	–	–	–	–	11	12	no change	17	12
Mongolia	2	2	no change	5	3	no change	15	15	no change	25	14
Montenegro	3	2	no change	3	3	no change	17	17	no change	21	17
Montserrat	–	–	–	–	–	–	–	–	–	–	–
Morocco	4	5	no change	5	4	no change	35	30	no change	33	30
Mozambique	3	3	no change	12	10	no change	49	48	no change	46	48
Myanmar	9	10	no change	18	14	no change	48	42	no change	48	42
Namibia	11	5	no change	12	9	no change	30	25	no change	29	25
Nauru	0	0	no change	0	0	no change	30	30	no change	36	29
Nepal	11	10	no change	21	16	decrease	46	36	no change	43	35
Netherlands	1	1	no change	3	2	no change	11	13	no change	17	13
New Zealand	0	0	no change	2	2	no change	8	10	no change	16	10
Nicaragua	2	1	no change	4	3	no change	20	16	no change	24	15
Niger	8	6	no change	15	12	no change	52	50	no change	55	49
Nigeria	10	7	no change	12	10	no change	59	55	no change	56	55
Niue	0	0	no change	2	1	no change	27	27	no change	34	27
North Macedonia	2	2	no change	3	3	no change	16	19	no change	26	19
Norway	1	1	no change	3	2	no change	12	12	no change	17	12
Oman	5	6	no change	7	5	no change	38	29	no change	30	29
Pakistan	16	14	no change	19	14	no change	41	41	no change	44	41
Palau	0	0	no change	1	1	no change	28	29	no change	34	28
Panama	2	2	no change	4	3	no change	29	21	no change	23	21
Papua New Guinea	1	1	no change	5	3	no change	35	34	no change	44	34
Paraguay	2	2	no change	4	3	no change	24	23	no change	25	23
Peru	1	1	no change	2	2	no change	32	21	decrease	27	20
Philippines	6	7	no change	16	13	no change	25	12	decrease	26	12
Poland	2	2	no change	4	3	no change	–	–	–	–	–
Portugal	1	0	no change	3	2	no change	13	13	no change	19	13
Qatar	3	4	no change	3	2	no change	31	28	no change	27	28
Republic of Korea	1	1	no change	6	5	no change	18	14	no change	15	13
Republic of Moldova	4	3	no change	3	3	no change	29	26	no change	28	26
Romania	4	3	no change	3	2	no change	23	23	no change	25	23
Russian Federation	3	2	no change	3	3	no change	22	21	no change	23	21
Rwanda	4	3	no change	10	7	no change	25	17	no change	24	17
Saint Kitts and Nevis	3	3	no change	5	3	no change	21	15	no change	18	15
Saint Lucia	4	4	no change	6	4	no change	19	14	no change	19	14
Saint Vincent and the Grenadines	3	3	no change	6	4	no change	25	17	no change	21	17
Samoa	0	0	no change	1	1	no change	25	27	no change	39	26
San Marino	–	–	–	–	–	–	11	13	no change	17	12
Sao Tome and Principe	4	2	no change	10	8	no change	52	44	no change	51	44
Saudi Arabia	5	6	no change	4	3	no change	32	28	no change	27	28
Senegal	8	6	no change	13	11	no change	60	53	no change	56	52

Countries and areas	Trends in malnutrition among adolescent girls and women											
	Percentage of adolescent girls aged 10–19 years affected by underweight			Percentage of women aged 20–49 years affected by underweight			Percentage of adolescent girls and women aged 15–49 years affected by anaemia					
	2000	2016	Trend category	2000	2016	Trend category	2000	2019	Trend category	By pregnancy status		
										Pregnant	Non-pregnant	
											2019	
Serbia	3	2	no change	4	3	no change	24	23	no change	25	23	
Seychelles	4	4	no change	7	5	no change	28	25	no change	28	25	
Sierra Leone	7	5	no change	12	10	no change	54	48	no change	54	48	
Singapore	2	2	no change	8	8	no change	12	13	no change	18	13	
Slovakia	1	1	no change	4	3	no change	22	24	no change	24	24	
Slovenia	2	1	no change	3	3	no change	20	22	no change	23	22	
Solomon Islands	1	1	no change	4	2	no change	41	38	no change	49	37	
Somalia	5	4	no change	12	10	no change	48	43	no change	49	42	
South Africa	12	3	decrease	5	3	no change	35	31	no change	31	31	
South Sudan	–	–	–	–	–	–	40	36	no change	40	35	
Spain	0	0	no change	2	1	no change	12	13	no change	19	13	
Sri Lanka	12	13	no change	16	12	no change	39	35	no change	35	35	
State of Palestine	2	3	no change	2	2	no change	–	–	–	–	–	
Sudan	–	–	–	–	–	–	43	37	no change	37	37	
Suriname	3	4	no change	5	3	no change	28	21	no change	24	21	
Sweden	1	1	no change	3	2	no change	13	14	no change	18	13	
Switzerland	0	0	no change	4	3	no change	10	11	no change	15	11	
Syrian Arab Republic	5	5	no change	5	3	no change	37	33	no change	33	33	
Tajikistan	3	3	no change	7	6	no change	39	35	no change	39	35	
Thailand	7	7	no change	12	7	decrease	21	24	no change	32	24	
Timor-Leste	9	9	no change	21	17	no change	37	30	no change	38	29	
Togo	4	3	no change	11	9	no change	50	46	no change	54	45	
Tokelau	0	0	no change	2	1	no change	–	–	–	–	–	
Tonga	0	0	no change	1	0	no change	28	29	no change	37	28	
Trinidad and Tobago	6	5	no change	6	4	no change	26	18	no change	19	18	
Tunisia	4	5	no change	5	4	no change	32	32	no change	31	32	
Türkiye	4	4	no change	3	2	no change	–	–	–	–	–	
Turkmenistan	3	3	no change	6	4	no change	33	27	no change	28	27	
Turks and Caicos Islands	–	–	–	–	–	–	–	–	–	–	–	
Tuvalu	0	0	no change	1	1	no change	27	28	no change	34	27	
Uganda	3	3	no change	12	10	no change	39	33	no change	39	32	
Ukraine	3	2	no change	3	2	no change	14	18	no change	23	18	
United Arab Emirates	4	4	no change	4	3	no change	24	24	no change	24	24	
United Kingdom	0	0	no change	2	2	no change	9	11	no change	17	11	
United Republic of Tanzania	5	4	no change	12	10	no change	47	39	no change	48	38	
United States	0	0	no change	2	2	no change	8	12	no change	12	12	
Uruguay	1	1	no change	2	2	no change	13	15	no change	26	15	
Uzbekistan	3	3	no change	6	5	no change	47	25	no change	35	24	
Vanuatu	1	1	no change	5	3	no change	31	29	no change	28	29	
Venezuela (Bolivarian Republic of)	1	1	no change	3	2	no change	27	24	no change	26	24	
Viet Nam	12	12	no change	22	17	decrease	27	21	no change	28	20	
Yemen	9	10	no change	12	9	no change	66	62	no change	58	62	
Zambia	4	3	no change	11	9	no change	36	32	no change	39	31	
Zimbabwe	5	2	no change	7	6	no change	34	29	no change	32	29	

Countries and areas	Trends in malnutrition among adolescent girls and women										
	Percentage of adolescent girls aged 10–19 years affected by underweight			Percentage of women aged 20–49 years affected by underweight			Percentage of adolescent girls and women aged 15–49 years affected by anaemia				
	2000	2016	Trend category	2000	2016	Trend category	2000	2019	Trend category	By pregnancy status	
										Pregnant	Non-pregnant
											2019
Summary											
East Asia and Pacific	6	5		10	8		24	19		26	19
Europe and Central Asia	2	2		3	2		19	19		24	19
Eastern Europe and Central Asia	3	3		3	3		27	25		28	24
Western Europe	1	1		3	2		12	13		18	13
Latin America and Caribbean	2	2		4	3		26	17		22	17
Middle East and North Africa	4	5		5	3		35	30		31	30
North America	0	0		2	2		8	12		12	12
South Asia	19	19		27	22		51	49		48	50
sub-Saharan Africa	7	5		12	10		47	41		46	40
Eastern and Southern Africa	6	4		12	10		39	33		39	32
West and Central Africa	7	5		12	10		55	49		53	49
World	8	8		12	10		31	30		37	30

DEFINITIONS OF THE INDICATORS

Underweight (adolescent girls): Percentage of girls aged 10–19 years with body mass index (BMI) less than two standard deviations below the median according to the WHO growth reference for school-age children and adolescents.

Underweight (women 20–49 years): Percentage of women 20–49 years of age with a BMI less than 18.5 kg/m².

Anaemia (women 15–49 years), disaggregated by pregnancy status: Percentage of women aged 15–49 years with a haemoglobin concentration less than 120 g/L for non-pregnant women and lactating women, and less than 110 g/L for pregnant women, adjusted for altitude and smoking.

MAIN DATA SOURCES

Underweight (adolescent girls 10–19 years and women 20–49 years): UNICEF analysis based on NCD Risk Factor Collaboration (NCD-RisC), based on Worldwide trends in body-mass index, underweight, overweight and obesity from 1975 to 2016: a pooled analysis of 2416 population-based measurement studies in 128.9 million children, adolescents, and adults. *Lancet* 2017, 390 (10113): 2627–2642. 2022

Anaemia (women 15–49 years), disaggregated by pregnancy status: UNICEF analysis based on Global Health Observatory, WHO. 2022

Trend category is based on standard error.

LEGEND FOR FOOTNOTES

– Data not available.

Policies, programmes and services

Countries and areas	Existence of policies								Provision of services				Coverage of services		
	Countries with a policy, strategy or plan of action that includes preventive iron supplementation for pregnant women [2020]		Countries with a national policy document, strategy or plan of action that allows for preventive use of multiple micronutrient supplementation in the national public health system		Countries with a policy, strategy or plan of action that includes nutrition counselling and promotion for pregnant women		Countries that adopted/ updated a policy, strategy or plan of action based on WHO recommendations (2016) on antenatal care for a positive pregnancy experience		Countries with preventive iron supplementation for pregnant women on the list of essential medicines	Countries with preventive iron supplements provided free of charge to pregnant women through the national public health system	Countries with large scale fortification of staple foods with iron*	Countries with community-based delivery of iron supplements to pregnant women	Percentage of adolescent girls and women aged 15–49 years who took iron tablets or syrup for at least 90 days 2014–2020**		
													National	Equity	
													Poorest	Richest	
Afghanistan	Yes	ac	–		Yes	ac	Yes	ac	Yes	Yes	Yes	Yes	7	5	10
Albania	–		–		–		No		–	–	–	–	19	16	20
Algeria	–		–		–		–		–	–	–	–	–	–	–
Andorra	–		–		–		–		–	–	–	–	–	–	–
Angola	Yes	aa	–		Yes	ac	No		Yes	Yes	–	No	32	18	52
Anguilla	–		–		–		–		–	–	–	–	–	–	–
Antigua and Barbuda	–		–		–		–		–	–	–	–	–	–	–
Argentina	Yes	aa;ab	–		Yes	ab	No		Yes	Yes	–	No	–	–	–
Armenia	–		–		No		No		–	–	–	–	5	0	8
Australia	–		–		–		–		–	–	–	–	–	–	–
Austria	–		–		–		–		–	–	–	–	–	–	–
Azerbaijan	Yes	ac	–		No		No		No	Yes	–	No	2 x	0	3 x
Bahamas	–		–		–		–		–	–	–	–	–	–	–
Bahrain	–		–		–		–		–	–	–	–	–	–	–
Bangladesh	Yes	ab	Yes	ab	No		Yes	ab	Yes	Yes	–	Yes	46	34	64
Barbados	–		–		–		–		–	–	–	–	–	–	–
Belarus	–		–		–		–		–	–	–	–	–	–	–
Belgium	–		–		–		–		–	–	–	–	–	–	–
Belize	–		–		–		–		–	–	–	–	–	–	–
Benin	Yes	ac	–		Yes	ac	Yes	ac	Yes	No	Yes	No	47	31	62
Bhutan	Yes	ab	–		Yes	ab	Yes	ab	Yes	Yes	Yes	Yes	–	–	–
Bolivia (Plurinational State of)	Yes	ab	Yes	ac	Yes	ab	Yes	ab	Yes	Yes	Yes	No	–	–	–
Bosnia and Herzegovina	Yes	ab	–		–		No		No	No	–	No	–	–	–
Botswana	Yes	ac	–		Yes	ac	Yes	ac	No	Yes	–	No	–	–	–
Brazil	Yes	ab	–		Yes	ab	No		Yes	Yes	Yes	No	–	–	–
British Virgin Islands	–		–		–		–		–	–	–	–	–	–	–
Brunei Darussalam	–		–		–		–		–	–	–	–	–	–	–
Bulgaria	–		–		–		–		–	–	–	–	–	–	–
Burkina Faso	Yes	ac	Yes	ab	Yes	ac	Yes	ac	Yes	Yes	Yes	No	50 x	37	63 x
Burundi	Yes	ac	–		Yes	ac	Yes	ac	Yes	Yes	–	No	1	1	2
Cabo Verde	Yes	ac	–		Yes	ab	Yes	ab	Yes	Yes	Yes	No	–	–	–
Cambodia	Yes	ab	–		Yes	ab	Yes	ac	Yes	Yes	Yes	No	76	65	82
Cameroon	Yes	ab	–		Yes	ab	Yes	ab	Yes	No	Yes	No	49	20	69
Canada	–		–		–		–		–	–	–	–	–	–	–
Central African Republic	Yes	ab	–		Yes	ab	Yes	ab	Yes	Yes	–	Yes	–	–	–
Chad	Yes	ab	–		Yes	ab	Yes	ab	Yes	No	–	No	11	8	18
Chile	Yes	ab	Yes	ab	Yes	ab	No		Yes	Yes	–	No	–	–	–

Countries and areas	Existence of policies								Provision of services				Coverage of services		
	Countries with a policy, strategy or plan of action that includes preventive iron supplementation for pregnant women [2020]		Countries with a national policy document, strategy or plan of action that allows for preventive use of multiple micronutrient supplementation in the national public health system		Countries with a policy, strategy or plan of action that includes nutrition counselling and promotion for pregnant women		Countries that adopted/ updated a policy, strategy or plan of action based on WHO recommendations (2016) on antenatal care for a positive pregnancy experience		Countries with preventive iron supplementation for pregnant women on the list of essential medicines	Countries with preventive iron supplements provided free of charge to pregnant women through the national public health system	Countries with large scale fortification of staple foods with iron*	Countries with community-based delivery of iron supplements to pregnant women	Percentage of adolescent girls and women aged 15–49 years who took iron tablets or syrup for at least 90 days 2014–2020**		
													National	Equity	
													Poorest	Richest	
China	–		–		Yes	ab	Yes	ab	–		Yes	–	–	–	–
Colombia	–		–		–		–		–		Yes	–	–	–	–
Comoros	–		–		–		–		–		–	–	13 x	8	22 x
Congo	Yes	ac	–		Yes	ac	No		Yes	Yes	Yes	No	43 x	22	62 x
Cook Islands	–		–		–		–		–		–	–	–	–	–
Costa Rica	–		–		–		–		–		–	–	–	–	–
Côte d'Ivoire	Yes	ac	–		Yes	ac	No		Yes	Yes	Yes	No	–	–	–
Croatia	–		–		Yes	ab	No		–		–	–	–	–	–
Cuba	Yes	ab	–		Yes	ac	Yes	ac	Yes	Yes	–	Yes	–	–	–
Cyprus	–		–		–		–		–		–	–	–	–	–
Czechia	–		–		–		–		–		–	–	–	–	–
Democratic People's Republic of Korea	–		Yes	ac	Yes	ac	Yes	ac	–		–	–	–	–	–
Democratic Republic of the Congo	Yes	ab	No		Yes	ab	Yes	ab	Yes	No	Yes	No	–	–	–
Denmark	–		–		–		–		–		–	–	–	–	–
Djibouti	Yes	ab	–		Yes	ab	Yes	ab	Yes	Yes	–	No	–	–	–
Dominica	–		–		–		–		–		–	–	–	–	–
Dominican Republic	–		–		–		–		–		Yes	–	82 x	73	87 x
Ecuador	Yes	ab	–		Yes	ab	Yes	ab	Yes	Yes	–	No	–	–	–
Egypt	Yes	ac	–		Yes	ac	Yes	ac	Yes	Yes	–	No	36	24	50
El Salvador	Yes	ab	–		Yes	ab	Yes	ac	Yes	Yes	–	Yes	–	–	–
Equatorial Guinea	–		–		–		–		–		–	–	–	–	–
Eritrea	Yes	aa;ab	–		Yes	ab	Yes	ab	Yes	Yes	–	No	–	–	–
Estonia	–		–		–		–		–		–	–	–	–	–
Eswatini	Yes	ab	–		Yes	ab	Yes	ab	Yes	Yes	–	Yes	34 x	30	36 x
Ethiopia	Yes	ab	Yes	ab	Yes	ab	Yes	ab	Yes	Yes	–	Yes	11	6	17
Fiji	–		–		–		–		–		–	–	–	–	–
Finland	–		–		–		–		–		–	–	–	–	–
France	–		–		–		–		–		–	–	–	–	–
Gabon	–		–		–		No		–		–	–	57 x	38	64 x
Gambia	Yes	ac	–		Yes	ac	Yes	ac	No	Yes	–	Yes	58	53	63
Georgia	Yes	ab	–		Yes	ab	No		No	Yes	–	No	–	–	–
Germany	–		–		–		–		–		–	–	–	–	–
Ghana	Yes	ac	–		Yes	ac	Yes	ac	Yes	Yes	Yes	Yes	59	50	77
Greece	–		–		–		–		–		–	–	–	–	–
Grenada	–		–		–		–		–		–	–	–	–	–
Guatemala	Yes	ab	–		Yes	ab	Yes	ab	Yes	Yes	–	Yes	29	19	45
Guinea	Yes	ab	–		Yes	ab	Yes	ab	Yes	No	Yes	Yes	24	17	32

Countries and areas	Existence of policies								Provision of services				Coverage of services		
	Countries with a policy, strategy or plan of action that includes preventive iron supplementation for pregnant women [2020]		Countries with a national policy document, strategy or plan of action that allows for preventive use of multiple micronutrient supplementation in the national public health system		Countries with a policy, strategy or plan of action that includes nutrition counselling and promotion for pregnant women		Countries that adopted/ updated a policy, strategy or plan of action based on WHO recommendations (2016) on antenatal care for a positive pregnancy experience		Countries with preventive iron supplementation for pregnant women on the list of essential medicines	Countries with preventive iron supplements provided free of charge to pregnant women through the national public health system	Countries with large scale fortification of staple foods with iron*	Countries with community-based delivery of iron supplements to pregnant women	Percentage of adolescent girls and women aged 15–49 years who took iron tablets or syrup for at least 90 days 2014–2020**		
													National	Equity	
													Poorest	Richest	
Guinea-Bissau	Yes	ac	–	–	Yes	ac	Yes	ac	Yes	Yes	–	No	–	–	–
Guyana	Yes	ac	–	–	Yes	ac	No	–	Yes	Yes	–	Yes	34 x	27	46 x
Haiti	Yes	ac	–	–	Yes	ac	No	–	Yes	No	–	Yes	43	34	52
Holy See	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Honduras	Yes	ab	–	–	Yes	ab	Yes	ab	Yes	Yes	Yes	Yes	37 x	30	43 x
Hungary	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Iceland	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
India	Yes	aa;ab	–	–	Yes	ab	Yes	ab	Yes	Yes	Yes	Yes	53	39	67
Indonesia	Yes	ab	No	–	Yes	ab	No	–	Yes	Yes	Yes	No	44	32	56
Iran (Islamic Republic of)	Yes	ac	Yes	ac	Yes	ac	Yes	ac	Yes	Yes	Yes	No	–	–	–
Iraq	Yes	ac	–	–	Yes	ac	Yes	ac	Yes	Yes	–	No	–	–	–
Ireland	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Israel	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Italy	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Jamaica	–	–	–	–	Yes	ac	Yes	ac	–	–	–	–	–	–	–
Japan	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Jordan	–	–	–	–	–	–	–	–	–	–	–	–	49	44	56
Kazakhstan	–	–	–	–	Yes	ab	No	–	–	–	–	–	–	–	–
Kenya	Yes	ab	–	–	Yes	ab	Yes	ab	Yes	Yes	Yes	No	8	5	10
Kiribati	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Kuwait	–	–	–	–	–	–	–	–	–	–	Yes	–	–	–	–
Kyrgyzstan	Yes	ac	–	–	–	–	–	–	–	–	–	–	2 x	2	2 x
Lao People's Democratic Republic	Yes	ac	–	–	Yes	ac	Yes	ac	No	Yes	–	Yes	–	–	–
Latvia	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Lebanon	Yes	ac	No	–	Yes	ab	Yes	ac	No	Yes	–	No	–	–	–
Lesotho	Yes	ac	–	–	Yes	ac	Yes	ac	Yes	Yes	Yes	No	51	49	59
Liberia	No	–	–	–	Yes	ac	Yes	ac	Yes	Yes	–	No	43	37	50
Libya	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Liechtenstein	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Lithuania	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Luxembourg	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–
Madagascar	Yes	ac	No	–	Yes	ac	Yes	ac	Yes	No	–	No	8 x	4	18 x
Malawi	Yes	ab	–	–	Yes	ab	Yes	ab	Yes	Yes	Yes	No	33	29	40
Malaysia	Yes	ac	Yes	ac	Yes	ac	Yes	ac	Yes	Yes	–	Yes	–	–	–
Maldives	Yes	ac	–	–	–	–	–	–	Yes	Yes	–	No	46	40	71
Mali	Yes	ac	–	–	Yes	ac	Yes	ac	Yes	No	–	No	28	22	38
Malta	–	–	–	–	–	–	–	–	–	–	–	–	–	–	–

Countries and areas	Existence of policies								Provision of services				Coverage of services		
	Countries with a policy, strategy or plan of action that includes preventive iron supplementation for pregnant women [2020]		Countries with a national policy document, strategy or plan of action that allows for preventive use of multiple micronutrient supplementation in the national public health system		Countries with a policy, strategy or plan of action that includes nutrition counselling and promotion for pregnant women		Countries that adopted/ updated a policy, strategy or plan of action based on WHO recommendations (2016) on antenatal care for a positive pregnancy experience		Countries with preventive iron supplementation for pregnant women on the list of essential medicines	Countries with preventive iron supplements provided free of charge to pregnant women through the national public health system	Countries with large scale fortification of staple foods with iron*	Countries with community-based delivery of iron supplements to pregnant women	Percentage of adolescent girls and women aged 15–49 years who took iron tablets or syrup for at least 90 days 2014–2020**		
													National	Equity	
												Poorest	Richest		
Marshall Islands	–		–		–		–		–		–	–	–	–	
Mauritania	No		–		Yes	ac	No		Yes	Yes	–	No	29	17	41
Mauritius	–		–		–		–		–	–	–	–	–	–	–
Mexico	Yes	ab	–		Yes	ab	No		Yes	Yes	–	Yes	–	–	–
Micronesia (Federated States of)	–		–		–		–		–	–	–	–	–	–	–
Monaco	–		–		–		–		–	–	–	–	–	–	–
Mongolia	Yes	ab	Yes	ab	Yes	ab	No		No	Yes	Yes	Yes	–	–	–
Montenegro	–		–		–		–		–	–	–	–	–	–	–
Montserrat	–		–		–		–		–	–	–	–	–	–	–
Morocco	–		–		–		–		–	–	–	–	–	–	–
Mozambique	–		–		–		Yes	ac	–	–	Yes	–	26 x	17	37 x
Myanmar	–	aa	Yes	ac	Yes	ac	Yes	ac	–	–	–	–	59	45	78
Namibia	Yes	aa	–		Yes	ac	Yes	ac	Yes	Yes	Yes	No	39 x	27	51 x
Nauru	–		–		–		–		–	–	Yes	–	–	–	–
Nepal	Yes	ac	–		Yes	ac	No		Yes	Yes	Yes	Yes	71	67	84
Netherlands	–		–		–		–		–	–	–	–	–	–	–
New Zealand	–		–		–		–		–	–	–	–	–	–	–
Nicaragua	Yes	ac	–		Yes	ab	Yes	ac	Yes	Yes	–	No	–	–	–
Niger	Yes	ab	–		Yes	ab	Yes	ab	Yes	No	–	No	29 x	21	34 x
Nigeria	Yes	ac	–		Yes	ab	Yes	ac	Yes	Yes	Yes	Yes	31	17	43
Niue	–		–		–		–		–	–	–	–	–	–	–
North Macedonia	–		–		No		No		–	–	–	–	–	–	–
Norway	–		–		–		–		–	–	–	–	–	–	–
Oman	Yes	ab	Yes	ab	Yes	ab	Yes	ab	Yes	Yes	–	No	–	–	–
Pakistan	Yes	ab	Yes	ab	Yes	ab	Yes	ab	Yes	Yes	–	Yes	29	18	52
Palau	–		–		–		–		–	–	–	–	–	–	–
Panama	–		–		–		No		–	–	–	–	–	–	–
Papua New Guinea	Yes	ab	–		Yes	ab	No		Yes	Yes	Yes	No	8	5	15
Paraguay	Yes	ab	Yes	ab	Yes	ac	Yes	ab	Yes	Yes	Yes	No	–	–	–
Peru	Yes	ab	–		Yes	ab	No		Yes	Yes	Yes	No	45 x	38	68 x
Philippines	Yes	ab	Yes	ab	Yes	ab	Yes	ab	Yes	Yes	Yes	Yes	51	39	63
Poland	–		–		–		–		–	–	–	–	–	–	–
Portugal	–		–		–		–		–	–	–	–	–	–	–
Qatar	–		–		–		–		–	–	–	–	–	–	–
Republic of Korea	–		–		–		–		–	–	–	–	–	–	–
Republic of Moldova	–		–		–		Yes	ac	–	–	–	–	–	–	–
Romania	–		–		–		–		–	–	–	–	–	–	–

Countries and areas	Existence of policies								Provision of services				Coverage of services		
	Countries with a policy, strategy or plan of action that includes preventive iron supplementation for pregnant women [2020]		Countries with a national policy document, strategy or plan of action that allows for preventive use of multiple micronutrient supplementation in the national public health system		Countries with a policy, strategy or plan of action that includes nutrition counselling and promotion for pregnant women		Countries that adopted/ updated a policy, strategy or plan of action based on WHO recommendations (2016) on antenatal care for a positive pregnancy experience		Countries with preventive iron supplementation for pregnant women on the list of essential medicines	Countries with preventive iron supplements provided free of charge to pregnant women through the national public health system	Countries with large scale fortification of staple foods with iron*	Countries with community-based delivery of iron supplements to pregnant women	Percentage of adolescent girls and women aged 15–49 years who took iron tablets or syrup for at least 90 days 2014–2020**		
													National	Equity	
													Poorest	Richest	
Russian Federation	–		–		–		–		–		–		–	–	–
Rwanda	Yes	ab	–		Yes	ab	Yes	ab	Yes	Yes	–	No	16	16	16
Saint Kitts and Nevis	–		–		–		–		–	–	–	–	–	–	–
Saint Lucia	–		–		–		–		–	–	–	–	–	–	–
Saint Vincent and the Grenadines	–		–		–		–		–	–	–	–	–	–	–
Samoa	–		–		Yes	ab	No		–	–	–	–	–	–	–
San Marino	–		–		–		–		–	–	–	–	–	–	–
Sao Tome and Principe	–		–		–		–		–	–	–	–	54 x	46	63 x
Saudi Arabia	–		–		–		–		–	–	–	–	–	–	–
Senegal	Yes	ac	–		Yes	ac	Yes	ac	Yes	No	Yes	No	65	56	74
Serbia	–		–		No		No		–	–	–	–	–	–	–
Seychelles	–		–		–		–		–	–	–	–	–	–	–
Sierra Leone	Yes	ab	No		Yes	ab	Yes	ab	Yes	Yes	–	No	28	26	35
Singapore	–		–		–		–		–	–	–	–	–	–	–
Slovakia	–		–		–		–		–	–	–	–	–	–	–
Slovenia	–		–		–		–		–	–	–	–	–	–	–
Solomon Islands	Yes	ab	–		Yes	ab	Yes	ac	Yes	Yes	–	No	–	–	–
Somalia	Yes	ab	Yes	ab	Yes	ab	No		No	Yes	–	No	–	–	–
South Africa	Yes	ab	–		Yes	ac	Yes	ac	Yes	Yes	Yes	No	51	44	47
South Sudan	–		–		Yes	ac	No		–	–	–	–	–	–	–
Spain	–		–		–		–		–	–	–	–	–	–	–
Sri Lanka	Yes	aa;ab	–		Yes	ab	Yes	ab	Yes	Yes	–	Yes	–	–	–
State of Palestine	Yes	ac	–		–		Yes	ac	Yes	Yes	–	No	–	–	–
Sudan	Yes	ab	–		Yes	ab	No		Yes	Yes	–	Yes	–	–	–
Suriname	–		–		–		–		–	–	–	–	–	–	–
Sweden	–		–		–		–		–	–	–	–	–	–	–
Switzerland	–		–		–		–		–	–	–	–	–	–	–
Syrian Arab Republic	No		No		No		No		No	Yes	–	No	–	–	–
Tajikistan	–		–		–		No		–	–	–	–	2	1	4
Thailand	Yes	ac	–		Yes	ac	No		No	Yes	–	No	–	–	–
Timor-Leste	Yes	ab	–		Yes	ab	Yes	ac	Yes	Yes	–	No	13	12	11
Togo	Yes	ab	–		Yes	ab	Yes	ac	Yes	Yes	Yes	No	37	30	55
Tokelau	–		–		–		–		–	–	–	–	–	–	–
Tonga	–		–		–		–		–	–	–	–	–	–	–
Trinidad and Tobago	–		–		–		–		–	–	–	–	–	–	–
Tunisia	–		–		–		–		–	–	–	–	–	–	–
Türkiye	–		–		–		–		–	–	–	–	–	–	–

Countries and areas	Existence of policies								Provision of services				Coverage of services		
	Countries with a policy, strategy or plan of action that includes preventive iron supplementation for pregnant women [2020]		Countries with a national policy document, strategy or plan of action that allows for preventive use of multiple micronutrient supplementation in the national public health system		Countries with a policy, strategy or plan of action that includes nutrition counselling and promotion for pregnant women		Countries that adopted/ updated a policy, strategy or plan of action based on WHO recommendations (2016) on antenatal care for a positive pregnancy experience		Countries with preventive iron supplementation for pregnant women on the list of essential medicines	Countries with preventive iron supplements provided free of charge to pregnant women through the national public health system	Countries with large scale fortification of staple foods with iron*	Countries with community-based delivery of iron supplements to pregnant women	Percentage of adolescent girls and women aged 15–49 years who took iron tablets or syrup for at least 90 days 2014–2020**		
													National	Equity	
													Poorest	Richest	
Turkmenistan	Yes	ac	–		Yes	ac	Yes	ac	No	No	Yes	No	–	–	–
Turks and Caicos Islands	–		–		–		–		–	–	–	–	–	–	–
Tuvalu	–		–		–		–		–	–	–	–	–	–	–
Uganda	Yes	ab	No		Yes	ab	Yes	ab	Yes	Yes	Yes	No	23	17	34
Ukraine	No		–		No		Yes	ab	No	No	–	No	3 x	3	3 x
United Arab Emirates	–		–		–		–		–	–	–	–	–	–	–
United Kingdom	–		–		–		–		–	–	–	–	–	–	–
United Republic of Tanzania	Yes	ab	Yes	ab	Yes	ab	Yes	ab	Yes	Yes	Yes	No	21	17	28
United States	–		–		–		–		–	–	–	–	–	–	–
Uruguay	–		–		–		–		–	–	–	–	–	–	–
Uzbekistan	Yes	ac	–		Yes	ab	Yes	ac	Yes	No	–	No	–	–	–
Vanuatu	Yes	ac	–		No		No		Yes	Yes	–	No	–	–	–
Venezuela (Bolivarian Republic of)	–	aa	–		–		–		–	–	–	–	–	–	–
Viet Nam	Yes	ac	Yes	ab	Yes	ab	Yes	ab	Yes	Yes	Yes	Yes	–	–	–
Yemen	Yes	ac	–		Yes	ac	Yes	ac	Yes	Yes	–	Yes	6 x	2	15 x
Zambia	Yes	ac	–		Yes	ac	Yes	ac	Yes	Yes	–	Yes	73	69	78
Zimbabwe	–		–		No		Yes	ac	–	–	Yes	–	40	44	32

Countries and areas	Existence of policies								Provision of services				Coverage of services		
	Countries with a policy, strategy or plan of action that includes preventive iron supplementation for pregnant women [2020]	Countries with a national policy document, strategy or plan of action that allows for preventive use of multiple micronutrient supplementation in the national public health system	Countries with a policy, strategy or plan of action that includes nutrition counselling and promotion for pregnant women	Countries that adopted/updated a policy, strategy or plan of action based on WHO recommendations (2016) on antenatal care for a positive pregnancy experience	Countries with preventive iron supplementation for pregnant women on the list of essential medicines	Countries with preventive iron supplements provided free of charge to pregnant women through the national public health system	Countries with large scale fortification of staple foods with iron*	Countries with community-based delivery of iron supplements to pregnant women	Percentage of adolescent girls and women aged 15–49 years who took iron tablets or syrup for at least 90 days 2014–2020**						
									National	Equity					
									Poorest	Richest					
Summary															
East Asia and Pacific	–	–	–	–	–	–	–	–	48 q	36 q	60 q				
Europe and Central Asia	–	–	–	–	–	–	–	–	–	–	–				
Eastern Europe and Central Asia	–	–	–	–	–	–	–	–	–	–	–				
Western Europe	–	–	–	–	–	–	–	–	–	–	–				
Latin America and Caribbean	–	–	–	–	–	–	–	–	–	–	–				
Middle East and North Africa	–	–	–	–	–	–	–	–	–	–	–				
North America	–	–	–	–	–	–	–	–	–	–	–				
South Asia	–	–	–	–	–	–	–	–	49	36	64				
sub-Saharan Africa	–	–	–	–	–	–	–	–	30	21	38				
Eastern and Southern Africa	–	–	–	–	–	–	–	–	25	20	30				
West and Central Africa	–	–	–	–	–	–	–	–	36	23	48				
World	–	–	–	–	–	–	–	–	43	32	56				

DEFINITIONS OF THE INDICATORS

Iron tablets or syrup (90+ days): Percentage of women with a birth in the five years preceding the survey who took iron tablets or syrup for 90+ days

MAIN DATA SOURCE

NutriDash Programme Coverage Estimates, 2021

*UNICEF Standard Monitoring Questions (SMQ), 2021

****Iron tablets or syrup (90+ days):** Demographic and Health Surveys

LEGEND FOR FOOTNOTES IN TABLE

– Data not available.

** Data refer to the most recent year available during the period specified in the column heading.

q: Regional estimates for East Asia and the Pacific exclude China

x Data refer to years or periods other than those specified in the column heading. Such data are not included in the calculation of regional and global averages. Estimates from data years prior to 2000 are not displayed.

aa: Identifies countries that have not given permission for estimates to be shared externally, as such, results from these countries are not presented in the individual country lines in this table, but are included in the global and regional estimates.

ab: Countries that have responded 'Yes' to having policies, strategies and programmes and have provided UNICEF with the policy document at the time of data collection

ac: Countries that have responded 'Yes' to having policies, strategies and programmes but the policy document is not available.

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March 2023

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Published by:
UNICEF
Nutrition and Child Development Section
Programme Group
3 United Nations Plaza
New York, NY 10017, USA

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